Calgary metro

Your essential daily news | TUESDAY, SEPTEMBER 22, 2015

VIVACE
AT WEST 85TH
viva-ché
A MASTERPIECE UNVEILED
Luxury Condos from the $280's (plus GST) | Luxury Townhomes and 2-Level Condos from the $500's (plus GST)

we'll make **DINNER.**

you'll make

the **MEMORIES.**

MOXIE'S

GRILL BAR

SPRING FORWARD INTO FALL TV

10 NEW SHOWS WORTH WATCHING

metroLIFE

Calgary metro

READY TO ENGAGE

'I WOULD VOTE ... BUT THERE'S A LOT OF BARRICADES IN MY WAY'

metroNEWS

Your essential daily news | TUESDAY, SEPTEMBER 22, 2015 High 18°C /Low 3°C Mild

RIVALRY RENEWED

Flames fall to Oilers during opening night of pre-season action at Scotiabank Saddledome

JEFF MCINTOSH/THE CANADIAN PRESS

'I should have stood up to them'

POLITICS

MLA recounts her fight for mandatory GSAs in schools

Braeden Jones
Metro | Edmonton

New details of the political pressures crafting what became Bill 10 are seeing one MLA recount how her ideals were compromised in that process.

Sandra Jansen, current MLA for Calgary-North West, took to Facebook over the weekend to refute criticisms that her presence in Calgary's Pride Parade was "hypocritical."

"I know how difficult it is to be in a situation where you are being pressured by people you hold in great esteem," Jansen said in an interview Monday.

Under former Premier Alison Redford's leadership, Jansen worked to bring mandatory gay-straight alliances (GSAs) to all schools in Alberta.

Then, when Jim Prentice became premier, he stripped her of her associate ministry.

In fall 2014, then-Edmonton-Centre MLA Laurie Blakeman introduced Bill 202 to require GSAs be accommodated, and Jansen braced herself to vote against party lines and support the bill.

"Little did I know that the Premier's office was crafting its own response to Blakeman's bill and I was indeed a part of their plans," Jansen wrote on Facebook, noting she had no role in Prentice's draft bill.

Prentice, she wrote, asked her to be a "team player" and introduce Bill 10 because of her advocacy efforts on behalf of the LGBTQ community. But she didn't agree with that draft not making GSAs mandatory. She begged for reconsideration but was shut down, and ultimately introduced a bill she didn't believe in.

"I bowed to the pressure of the Premier's office when I should have stood up to them," she said.

Eventually, the final draft of Bill 10 "got it right," and school boards were required to allow students to start GSAs.

Reflecting on the events to leading up to that, however, Jansen told Metro she was "very disappointed" in herself.

She said elected representatives often have difficult decisions, but need to remember the community that elected them should be served first.

"We weren't doing that," she said.

MORE COVERAGE ON PAGE 5

DUKE
AT MISSION

CONDOS & TOWNHOMES
FROM THE
$300's

202, 17th Ave SW | 403.536.7294 | aviurban.com/duke

*Artist rendering. Possession subject to availability. Prices subject to change without notice. E&O.E.

AVIURBAN A MULTI-FAMILY DIVISION OF

metro NEWS

Your essential daily news

Who tosses out 2.3 kilograms of trash per person daily? **World**

Calgary 311 adapting to record high call volumes

INFORMATION

Service has had 10 per cent less staff this summer

Helen Pike
Metro | Calgary

The city's 311 call centre recently celebrated its 10th year in operation. METRO FILE

The next time you call 311 to complain about property taxes or a neighbours' unruly lawn, you may be speaking to someone in their pyjamas — and it's not because the city is snoozing on the job.

Although over the years, calls have decreased thanks to the city's 311 app, volumes are at a record high. And with past events like Snowtember or near tornado experiences, the city is finding it difficult to have enough staff on hand for special circumstances.

Clarke Bellamy, manager of Calgary 311, said they've experienced six record months in call volume in the past two years with 10 per cent less staff to cover incoming calls this summer — the operation's busiest time of year.

"What we are actually seeing is, though we've had less calls, they are much longer in duration," Bellamy said, adding calls have become more complex. "Seasonally, you will see our service level go back up… this is a regular recurring pattern we see. During the lulls of weather events, our service levels increase."

The City of Calgary has an ambitious target for how quickly operators should be answering calls. Eighty per cent of calls should be answered in 30 seconds or less. Toronto's target according to Bellamy is 90 seconds.

Coun. Peter Demong said he thinks the group is "doing their best as it is."

"Most online requests take a lot less manpower and a lot less work," Demong said. He added he has helped 311 in developing the app, using photos and giving the public an opportunity to easily geotag photos if their phones are enabled to do so.

"As it stands now, the sheer fact we got through Snowtember and answered as many calls as we did, I was absolutely tickled pink," Demong said.

Lofty goals have prompted the 311 group to get creative on how they staff calls to ensure they can continue to meet time targets. They have started to hire staff for on-call options to handle peaks and valleys in service, and have piloted workers from home.

"We have already seen the benefits from that," Bellamy said. "We've had agents log in from home within 10 minutes of asking. One agent has saved 2,500 kilometres in just commute time alone."

SECURITY

Engineer group hit by data breach

An association that regulates engineers and geoscientists in Alberta is warning its members of a data breach.

Mark Flint, a professional engineer and CEO of the Association of Professional Engineers and Geoscientists of Alberta, says 75,000 member records were inadvertently given to an unknown party. The records contain the names, member ID and email addresses of members.

Flint says he is personally apologizing for the breach. He is warning members not to respond to any emails that appear to be from the group, and also not to confirm or provide any information in such an email.

The group is also temporarily suspending access to its member self-service centre on its website.

"Somebody could say, 'It looks like you overreacted by contacting all your members and let them know, but I thought it was more important to protect the interest of the member than to protect our interest as an organization."

Flint says the group is looking at how to prevent it from recurring: "It's not like a financial account or anything of that nature. I don't think the level of risk is that grave to the individual, but I think we do have to look at what the implications of that are and what we might do about it going forward so there is no risk, primarily to the public but also to the members."

THE CANADIAN PRESS

ENCLAVE
SAVE $7500
Stock# 59326
AUTO4LIFE
10 YEAR 160,000KM COVERAGE ON EVERY NEW 2015-2016 FOR FREE
2015 BUICK ENCLAVE AWD
• Heated leather front bucket seats
• Leather interior trim design
• Rear vision camera system
• Power litigate
NOW $48,124
WAS $55,640
GM
SHAGANAPPI.COM 403.288.0444
SHAGANAPPI
All vehicles are available at time of print & may not be as depicted. Payments based on 0% interest at 84 months... client must qualify for Loyalty Incentives ($1000). Includes Fees, + GST, OAC. Errors & omissions exempt. Not compatible with any other promotion, RTD.
Autos4Life offer adds an additional 5 years Powertrain coverage to GM factory warranty for a total of 10 years. See dealer for complete details.

IN BRIEF

Economy remains highly diversified: BoC governor

The governor of the Bank of Canada is rejecting the notion that the country is excessively dependent on its natural resources sector, arguing that the economy remains highly diversified.

Stephen Poloz made the remarks Monday during a question period that followed his speech in Calgary — where the province's energy sector has been hit hard by the oil plunge.

"You gotta believe it's better to have some of this stuff than not," Poloz said at the event hosted by Calgary Economic Development.

Poloz described natural resources as Canada's "backbone" because they represent about 20 per cent of the economy, adding that other sectors remain in some ways dependent on it to perform well.

Meanwhile, Poloz said he doesn't "fret about it."

"We're a highly diversified economy and we should be thankful that we've got resources as part of our diversification."

THE CANADIAN PRESS

Police look to ID fraudster

Police are hoping to identify a man they believe used a fake ID and social insurance number to withdraw a "large sum of cash" at a BMO bank.

On Friday, June 19 a man entered the BMO at 6550 Macleod Trail south. He used a driver's licence and social insurance and got a bank draft to withdraw a large some of cash. The next morning a second person went to the same BMO and tried to cash the bank draft. Tellers questioned the individual and the man left in a white Ford F-350 truck.

Anyone with information is asked to call police or Crime Stoppers. METRO

A man affiliated with the FOB gang was shot in southeast Calgary on Monday morning. He was scheduled to appear in court later that morning. AARON CHATHA/METRO

Suspected gang member shot in targeted attack

SOUTHEAST CALGARY

Residents in the community heard multiple gunshots

Aaron Chatha
Metro | Calgary

Police confirmed that a shooting in the city's southeast on Monday morning was a targeted attack and gang-related.

Officers responded to calls of shots being fired in Forest Heights, in the 4500 block of 7 Avenue SE, just after 9:15 a.m. A man in his 20s was taken to hospital after being shot in the foot and stomach.

According to his lawyer, the victim was identified as Henry Le Nguyen, who was scheduled to appear in court Monday morning.

It's alleged he has connections to the Calgary-based gang FOB. Court documents say he was an upper level member of the gang.

"It's our understanding he was shot outside his home this morning, presumably on his way to court," said Nguyen's lawyer, Tonii Roulston.

Neighbours in the area heard gunshots and witnessed the aftermath of the event.

"I was with him," said one woman who did not want her name used. "I held his hand."

She said she didn't know the victim, but heard multiple gunshots. She said she found him in stable condition, but he was having a hard time breathing.

Police wouldn't confirm the victim's identity, but said he's in stable condition. Police said he's being cooperative with officers.

"We believe he was coming out onto the street and was shot while on the street and moving down the street," said acting Staff Sgt. Paul Magnus.

"It was a very brazen attack. It's very disconcerting for any neighbourhood in Calgary to have individuals out shooting."

Magnus said during the incident, a gas meter at one of the houses was struck, causing a gas leak. Several residents had to be evacuated.

WITH FILES FROM HELEN PIKE/METRO

EDUCATION

Parents ask for funding review

A Calgary parent group wants to know how the Calgary Board of Education is spending money that doesn't go directly toward schools — and on Monday they asked David Eggen, Minister of Education, for a third-party review on the matter.

Lisa Davis, president of the Calgary Association of Parent School Councils said that 22 per cent of funding grants don't go towards school budgets, based on the last budget that concluded in August. The new budget hasn't been released yet.

Eggen said he would take their request under advisement and has a meeting that includes the school board in early October.

Brad Grundy, chief financial officer with the CBE, said the 22 per cent estimate sounds fairly accurate, and he welcomes a review — so long as it's not the CBE paying for it.

"I have no doubt that we would come through any additional audits in fine form," he said. "I'm not prepared to fund an audit, but if someone feels strongly enough to have an audit done, I'm more than happy to have them fund it and we'll absolutely open our books up."

Davis noted the CBE budgets $157 million for school support services, but only $4 million goes towards special assistance needs like braille. She said it's a very small proportion.

Grundy said the school centralizes many services, like braille assistants and other specialists, who visit schools as needed. It saves money and helps them better allocate resources.

Davis responded, "it's clear that not enough money is reaching the schools and this is an issue the board of trustees needs to address." AARON CHATHA/METRO

EDUCATION

Union bemoans lack of school custodians

Aaron Chatha
Metro | Calgary

Calgary school custodians are saying that although class sizes and student enrolment have substantially increased in the past two decades their numbers haven't changed, and it's becoming harder than ever to keep schools clean.

They say they just have enough staff to take out the garbage and clean washrooms daily. Anything beyond that takes a backseat. If someone calls in sick, there often isn't enough staff to cover them.

When the provincial budget comes out in October, CUPE Local 40 union president Bob Anderson doesn't predict seeing any money to increase staff.

"It's almost something that's too much to dare to dream," Anderson said. "We've been short staffed for so long, and we're so far behind, it's hard to see the end of the tunnel."

Before the May election, Anderson feared cutbacks. Now he says, it appears the budget won't be slashed, but there won't be any staffing increases either.

Anderson said when he started with the Calgary Board of Education in 1980 they had slightly more members. It was closer to 800 rather than the 675 they have now. They also had fewer schools to take care of, but Anderson said they could claim they had the best maintained schools in Canada at the time.

"The school I started in, Queen Elizabeth Senior High, was 65 years old at the time," he recalled. "It had never been renovated and was in excellent condition. In the ensuing 25 years, it's been renovated three times and it still needs work."

What Anderson hopes for is a more realistic projection from the budget.

3,002 PRIZES WORTH MORE THAN
$4.7 MILLION!

Alberta Cancer Foundation
CASH & CARS LOTTERY 2015
Alberta Cancer FOUNDATION
Cross Cancer Institute
Tom Baker Cancer Centre
15 Regional & Community Cancer Centres

Only 2 Days to Early Bird Deadline!

Two Early Bird Prizes
WORTH MORE THAN $173,000 RETAIL!

Early Bird Ticket Deadline:
September 23, 2015
Early Bird Draw: October 8, 2015

EARLY BIRD PRIZE PACKAGE #1
Drive in Style WIN ALL THREE VEHICLES

2015 Ford F150- Crew, Platinum
Supplied by: MGM Ford Lincoln Sales Ltd., Red Deer

2016 Indian Scout Motorcycle
Supplied by: Cycle Works, Edmonton

2016 Polaris Slingshot SL
Supplied by: Cycle Works, Edmonton

Vehicles may not be exactly as shown.

EARLY BIRD PRIZE PACKAGE #2
$50,000 CASH

You Win 50
WINNER TAKES HALF THE CASH!
NOW OVER $1.1 Million
Tickets Only:
$10 each, 10 for $25, 25 for $50
WIN UP TO $800,000 CASH!

BUY YOUR TICKET TODAY!
Tickets: $100 each, 3 for $250, 5 for $375 and 8 for $525
cashandcarslottery.ca | 1.877.783.7403
Lottery Licence #405805 | You Win 50 Licence #405807 | Please visit our website for lottery rules

Mary Beth Eckersley and Dr. Nigel Brockston will be sharing their cancer survival stories at the Living Library event Saturday. JEREMY SIMES/FOR METRO

Learn from a living book

HEALTH

Survivors of cancer to act as information source at event

Jeremy Simes
For Metro | Calgary

Dr. Nigel Brockston never thought he'd become a doctor, until he was diagnosed with a cancerous tumour in his jaw at the age of 18 — he wanted to learn as much as he could to survive the disease.

Brockston — who now specializes in cancer research — isn't afraid to talk about his battle with cancer, nor is Mary Beth Eckersley, who underwent a double mastectomy and reconstructive surgery in mid-August.

Both of them will be sharing their stories at the Living Library event at the Central Public Library Saturday, where 17 people — from researchers to those currently struggling with cancer — will act as "human books," speaking about their journeys and care-giving techniques.

Attendees will be able to "borrow" a living book, engaging with it for 20 minutes at a time. Brockston and Eckersley met at a cancer fundraising event a few years ago and have since become close: Brockston would take the time to always visit Eckersley during her chemotherapy sessions.

Not everyone's battle with cancer ends well, Brockston said. But, everyone — even those who've lost their loved ones — have something to add to the conversation.

"I think talking about it is progress in itself," he said. "We have to keep the conversation going and make it more normal." The event will be held from 10:30 a.m. to 1 p.m.

JACKSON AT WALDEN
THREE STOREY TOWNHOMES FROM THE $300's
AU AVIURBAN A MULTI-FAMILY DIVISION OF AVI Homes by AVI
aviurban.com/jackson
*Artist rendering. Possession subject to availability. Prices subject to change without notice. E&O.E.

Rifts in school board

EDMONTON

Decision on transgender policy delayed until October

Braeden Jones
Metro | Edmonton

After a chaotic Edmonton Catholic Schools' board meeting last week underlined the lack of a transgender protection policy, officials came forward Monday with differing messages.

Last week, trustees chose to postpone a decision on a transgender rights policy until at least October.

Board chairwoman Debbie Engel released a statement to address concerns about discrimination in the board.

Engel detailed how the board is meeting the needs of the transgender girl at the centre of the controversy. She said staff refer to the girl by her chosen name — and have since the beginning of her transition after spring break.

Engel said a board policy "is still extremely important but has not prevented schools from working to meet the needs of each of our transgender students."

But trustee Patricia Grell, who helped craft the stalled policy, also came forward to explain that the board was instructed by the Council of Catholic School Superintendents of Alberta that its own policy would be adopted instead of the board's.

Meanwhile on Sunday, MLA Sandra Jansen spoke out on Facebook about her experiences pushing for mandatory Gay Straight Alliances (GSAs) as a member of former premier Jim Prentice's inner circle.

While she tried to please the premier, Jansen explained she was forced to place her own ideals second — an experience, she said, offering instruction for the Catholic board.

"If (the) trustees sat down and looked within themselves and said, 'My job is to represent people in my district, how do I best do that?' I think it becomes quite simple," she told Metro.

The Edmonton Catholic schools administrative building. Last week's meeting on regulations defending gender minorities devolved into a shouting match. KEVIN TUONG/FOR METRO

LEAKED

Metro has obtained the Council of Catholic School Superintendents of Alberta's policy on transgenderism that has created a rift within the board.

How do the two differ?

Identification

• The Council's policy draft is two pages explaining the complexity of gender identity and links to resources followed by six clauses to offer guidance to schools.

* The ECS policy draft is a 12-point document made to comply with the directive of Alberta Education and the Alberta Human Rights Act. Its first clause is that the district must "respect that self-identification is the sole criteria for gender identity."

Gender versus gender neutral

• The Council's draft says each school is "encouraged to designate gender-neutral single-stall washrooms."

• The ECS policy says the district will "allow students to use the physical facilities ... with which they identify and allow students the option of choosing gender-neutral facilities."

DIALOGUE

Board supports trans girl: Chair

Despite lacking a formal policy for supporting gender identity and expression in Edmonton Catholic Schools, board chairwoman Debbie Engel said Monday the transgender girl at the heart of the story is being supported.

"Our practice at Edmonton Catholic Schools is for the school to work with the family and have ongoing dialogue with the family, school and student," Engel said, in a release.

Engel issued the release amid growing pressure from the community to address a perception that the Catholic board is not acting without discrimination in this case, and also to explain why the board has chosen to wait for several weeks for another policy from the Archdiocese to be considered.

Officials with the Edmonton Catholic School Board. BRAEDEN JONES/METRO

Amid it all, Engel said, staff refers to the girl at the centre of the story by her chosen name, notes that she uses the girls' washroom and has the option of using the gender-neutral washroom, and if any other need is brought to the board's attention, "the dialogue still continues."

"Please know that a Board policy is still extremely important but has not prevented schools from working to meet the needs of each of our transgender students," Engel said. METRO

Thursday, September 24th 3:30-7:00pm
Bridgeland Community Assoc. 917 Centre Ave NE
Market Vendors, Live Music, Buttonmaking, and Pedal Power Demos. Workshops on Placemaking, Housing, and Power Demos. Workshops on Placemaking, Housing, and Food! Many Vendors Accepting Calgary Dollars!
ReLocalize
FAIR
C$ Market & Workshops
www.CalgaryDollars.ca
or 403-270-8002
Thrive
momentum

OFFICE ADMINISTRATORS IN ALBERTA EARN A MEDIAN WAGE OF $23.75/HR*!
Gain the experience and versatility that can take you into any field with the Business Administration Management program. Apply today and you can earn your diploma in less than a year!
CDI COLLEGE ALSO OFFERS PROGRAMS IN:
• ACCOUNTING & PAYROLL ADMINISTRATION
• DENTAL ASSISTING
• MEDICAL OFFICE ADMINISTRATION
• PARALEGAL
• AND MORE!
ASK ABOUT OUR EVENING CLASSES!
1.800.360.7186
STUDY.CDICOLLEGE.CA
CDI college
Financial assistance may be available to qualified applicants.
*jobbank.gc.ca

Market Calgary chefs began harvesting food early Monday morning for Grow Calgary's charity dinner. FACEBOOK

It's fresh — and we like it

GROW CALGARY

Annual charity farm-to-plate dinner sells out to raise $7,000

Helen Pike
Metro | Calgary

Safe from the hail, Grow Calgary is boasting a hearty harvest thanks to many volunteers, natural blessings — and dumb luck.

The urban farm has found a groove in growing and donating food, and they've started celebrating with their annual Freshest Meal Ever dinner. This year the sold-out event is happening at Market Calgary on 17 Avenue.

Staff at the restaurant have donated time to make a delicious farm-to-plate four-course meal from freshly grown vegetables. The event will raise about $7,000 for the urban farm.

"That's huge, that's absolutely huge for us," said Paul Hughes from Grow Calgary, adding the money for the event is going into an irrigation and composting program.

So far Hughes said the group has surpassed last year's donation of more than 3,000 baskets despite the wonky Calgary weather — all of which the farm's patch in the Paskapoo area managed to avoid.

"We've just been fortunate, we missed all the hail, we missed everything. It's been ideal conditions; we're so grateful."

Now's the time.

Take advantage of our outstanding offers on select model year 2016 vehicles.

Ask us about Prepaid Maintenance.
Mercedes-Benz.ca/PPM

THE 2016 E 250 BlueTEC 4MATIC TOTAL PRICE: $67,635*

Finance rate	Lease rate	Includes
0.9%**	1.9%**	$4,000†
60 months	45 months	cash credit

*Taxes extra.

Standard feature include:

- AMG sport styling
- Active High Performance LED Lighting System
- 4MATIC Permanent All-Wheel Drive
- 18" AMG alloy wheels

Mercedes-Benz
The best or nothing.

Lone Star Mercedes-Benz | 10 Heritage Meadows Rd. S.E | 403.253.1333 | lonestarmercedesbenz.com

© 2015 Mercedes-Benz Canada Inc. 2016 E 250 BlueTEC 4MATIC shown above, total price of $67,635. Total price of advertised 2016 E 250 BlueTEC 4MATIC is $67,635, which includes an MSRP of $64,500 plus freight/PDI of $2,495, dealer admin fee of $495, air-conditioning levy of $100, EHF tires of $12.80, AMVIC Fee of 6.25 and PPSA of $25.80. Lease and finance offers based on the advertised vehicle are available only through Mercedes-Benz Financial Services on approved credit for a limited time. **Lease example based on a 45 month term, a lease APR of 1.9%, and an MSRP of $64,500. Monthly payment is $518 with down payment or equivalent trade of $9,805 plus security deposit of $600 and applicable taxes due at lease inception. Total obligation is $37,292. 18,000 km/year allowance ($0.30/km for excess kilometres applies). †Cash credit of $4,000 included in advertised payment and must be applied at time of sale. Vehicle license, insurance, registration, and taxes are extra. Dealer may lease or finance for less. Offers may change without notice and cannot be combined with any other offers. Offers end September 30th, 2015.

TECHNOLOGY

Calgary company turns character into currency

Two Calgary women think they can shake up the world of social media with an app they are hoping to launch in November.

The App — called Peeple — will allow users to rate anyone professionally, personally or romantically.

Co-founder and CEO Julia Cordray said she and co-founder Nicole McCullough came up with the idea after McCullough was having trouble determining whether a babysitter was reliable.

Cordray said many people are concerned about the ethics of the app, but she's not worried because all traces of anonymity are removed.

"We're setting the precedent for how it should be done," said Cordray. "We're two empathetic female entrepreneurs — we made sure when we built it, we built it with the best features."

Positive comments will be posted to an individual's account immediately. Negative comments will be sent to the subject without going public. The two people will then have 48 hours to settle the dispute. If no compromise is reached, the negative comment will then go public and the subject can respond.

Peeple co-founder and CEO Julia Cordray CONTRIBUTED

The founders have raised more than $350,000 in start-up capital, and plan to take the app to Silicon Valley once it launches. Cordray said the plan is to monetize the app by eventually charging for searches. She said it will always be free to sign up, but users will eventually be limited to one free search per day.

"I want character to be our new form of currency," she said. BRODIE THOMAS/METRO

life is calling.
MOXIE'S GRILL BAR
7 Locations in Calgary | moxies.com

READY TO ENGAGE

Metro's coast to coast daily election series connects young, urban Canadians to the issues they care about

'There's an issue for everyone' — even young voters

ROSEMARY WESTWOOD
in Vancouver

For a digital native, Kevin Ehman takes a dim view of social media's ability to change voting behaviours.

Ehman, 31-year-old project manager of a creative agency, is one of the founders of Vic Votes, a non-partisan organization that aims to boost youth voter turnout the old fashioned way, through engaging people in-person, on the street and at events. The effort is based on the belief that a good 15-minute chat can do what a social media campaign cannot.

"There's an issue for everyone," he says. And the goal is to use that issue as a gateway for voting. "What matters to you? What are you pissed off about? Have you looked into what candidate most closely represents your vantage point on this issue?"

This election, Ehman wants to buck the trend and get youth voters out in force to the polls.

In 2011, about a third of electors aged 18 to 24 voted, and only 45 per cent of those aged 25 to 34, according to Elections Canada. Overall voter turnout hovered around 61 per cent.

So far, Vic Votes has hosted an all-candidates forum and they're asking employers to pledge to let their employees vote. They'll also be at Rifflandia this month, Victoria's popular outdoor music festival.

Ehman is a political junkie, a poli-sci major, the product of rousing dinner table debates, and very aware that not everyone sees the connection between their day-to-day life and Parliament Hill. He uses some friends as examples, guys who love to spend time outdoors, and may not connect that with natural-resource policies, or environmental management.

Ehman's no fan of our first-past-the-post system (he said he likes the NDP's plan, in principal, to adopt a mixed-member proportional system). But, he says, the more people who vote, the more democratic it becomes.

"There's enough people out there trying to tell you who to vote for. It's about trying to convey why, and how," he says, and adds, "and then when is also important."

The campaign has a few 22-year-old volunteers that got involved not for partisan loyalties, but via a belief that voting isn't just a privilege — it's a duty. And that offers some hope.

The stakes are higher than just this one election. A 2013 parliamentary report warned that young non-voters don't magically turn into voters as they age, which "may have long-lasting implications for voter participation in Canada."

It won't be easy for Ehman to judge the success of Vic Votes — but he noted that the group was active during Victoria's recent mayoral campaign, which featured an upset win and an increased voter turnout.

"I don't know if we had an impact," he said, "but I like to think we did."

Rosemary Westwood is travelling across the country talking to young voters. Tomorrow: Jerilynn Webster in Vancouver.

VOTER PROFILE

Name: Kevin Ehman **Age:** 31 **Riding:** Victoria
His issues: Voter turnout, electoral reform

Aboriginal youth want into politics

ROCK THE VOTE

Young electorate finding ways to remove barriers and get involved

Shane Gibson
Metro | Winnipeg

Jenna Wirch is a politically active 24-year-old aboriginal woman from Winnipeg who worries she may not be able to vote in the upcoming federal election.

That's because new rules included in the Conservative government's Fair Elections Act — which became law in June 2014 — mean vouching and Voter Information Cards are no longer accepted as a valid form of identification at polling stations.

"Oh yeah, I would vote if I had ID but I don't know if I'm going to be able to," Wirch said while taking a break from using a loudspeaker to rally a crowd of hundreds who marched through downtown Winnipeg on Monday to bring awareness to the dangers facing young aboriginal women.

"I would vote, yes, and just to get Harper out. But there's a lot of barricades in my way."

A study commissioned by Elections Canada in 2011 that asked First Nations people whether they had voted in the last four elections found voter turnout was either statistically equal to or much less than the general population.

The report found First Nation turnout was higher than national average in 2011 (62.3 per cent compared to 61.4 per cent) — a stark change from 2008 when aboriginal turnout trailed the national turnout rate by more than eight percentage points (58.8 per cent compared to 50.1 per cent).

Jackie Traverse, who helped start a Facebook group to encourage aboriginals to vote during Winnipeg's civic election last year, said issues like murdered and missing women and the environment are encouraging more indigenous people to take an interest in politics.

She's using the group, called Indigenous Rock the Vote, to help voters like Wirch navigate the federal election system, and she says it's spawned similar across the country.

"We are awakened now," she said. "We want to be part of this election and have our voices heard."

The barriers facing young aboriginal voters aren't all physical, according to Winnipeg-based community activist Michael Redhead Champagne. The 28-year-old says politicians aren't doing enough to build the political literacy of their electorates, especially ones in the First Nations community.

But at the same time Champagne credits young First Nations people with going out of their way to get involved.

"There's a lot of young people who are doing things that are innovative that I think are removing barriers," he said.

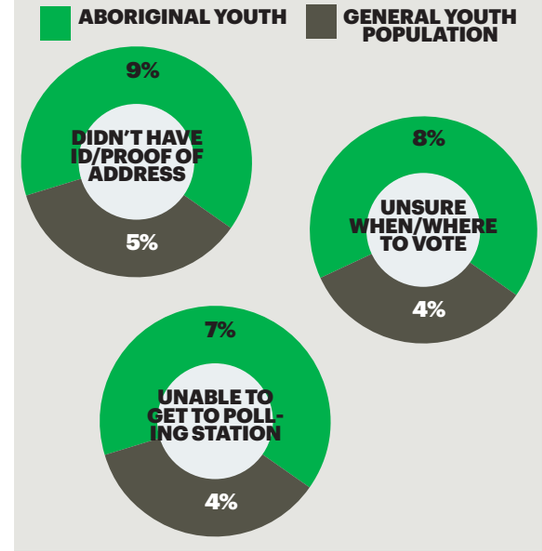
Jenna Wirch, 24, uses a loudspeaker to rally a group of hundreds of people who took part in a walk to bring attention to dangers facing Aboriginal women in Winnipeg Monday.
SHANE GIBSON/METRO

> **We recognize that what happens with our water is related to violence against women, is related to child welfare.**
> Michael Redhead Champagne

BY THE NUMBERS

A question of access

A 2011 Elections Canada study, which found that **only 42 per cent of aboriginals aged 18 to 34 voted in the most recent federal election** (compared to a national average of 74 per cent), shows that when asked to give reasons for not voting, aboriginal youth were about twice as likely as the general youth population to cite lacking proper ID, not knowing where and when to vote and being unable to get to the polling station.



Women demand to be heard

ELECTION 2015

Event aimed at sparking debate about gender justice

Women's issues are being woefully ignored in the federal election campaign, distinguished female leaders said during a panel discussion at the University of Toronto on Monday night.

Whether it's sexual harassment, missing and murdered aboriginal women, or employment and pay for women, the election has been largely silent on these issues, panelists told the Up For Debate event.

"We need a broader public debate to really find out what is happening and why," said panellist Katherine Hensel, principal lawyer at Hensel Barristers, referring to the issue of missing and murdered aboriginal women.

"I think the Canadian public has made it clear that it's important enough to spend the resources (on a national inquiry)" Hensel added.

The Up For Debate group is an alliance of 175 women's groups, and their campaign is aimed at sparking conversations on "gender justice and equality" leading up to the Oct. 19 election.

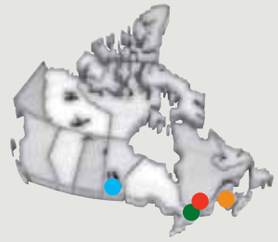
The event, in partnership with the Toronto Star and Le Devoir, was live-streamed in English and French, while Twitter Canada broadcasted the event live on Periscope.

The group asked party leaders to comment on a variety of women's issues. The leaders were previously interviewed and their videotaped responses were discussed during Monday's panel.

Liberal Leader Justin Trudeau, NDP Leader Thomas Mulcair, Green Leader Elizabeth May and Bloc Québécois Leader Gilles Duceppe all agreed to the interviews. Conservative Leader Stephen Harper did not.

Moderator Laura Payton, left, and panelists Alejandra Bravo, Katherine Hensel, Kate Mcinturff and Angela Robertson participated in the Up For Debate event at the Isabel Bader Theatre.
LUCAS OLENIUK/TORSTAR NEWS SERVICE

WHERE THE LEADERS ARE TUESDAY



- **Stephen Harper** will be in Winnipeg.
- **Justin Trudeau** will be in Montreal.
- **Tom Mulcair** will be in Moncton, N.B.
- **Elizabeth May** will be in Ottawa.

In their video clips, Trudeau and Mulcair each called themselves "feminists."

Trudeau touted his plan to run deficits to pay for "social infrastructure" including new daycare spaces, Mulcair his $15-a-day care plan and pledge to build more shelters, and May promised a national strategy to confront violence against women.

In her video, May caused laughter from the audience when she referred to the House of Commons as a "male-dominated and testosterone-flooded workplace."

This despite the fact "we hit the high water mark of women MPs in the last Parliament with about 25 per cent of women members," May added.

Both May and Trudeau argued that getting rid of first-past-the-post would lead to more favourable representation, while Mulcair promised to introduce a 50 per cent female quota for the boards of directors of federal organizations.

"My party president is a woman, the national director is a woman, our caucus chair is a woman. And if you look at the NDP's front bench in the House of Commons ... of the 20 places there, 10 are women, because that's a fundamental value," he said. TORSTAR NEWS SERVICE

REFUGEE CRISIS

T.O. woman fears for relatives

Amal Radha dabs the tears from her eyes as she speaks about her missing family. As the eldest, she helped raise her sisters and her nephews.

"I'm a total wreck now," says the 52-year-old Toronto woman through a translator. "I have no one. We were living in Iraq in a big family with all our loved ones … (now) my whole life is destroyed. I just need to know about my sisters, my nephews."

Her two sisters — Nawal, 42, and Feryal, 39 — and her three nephews — Bashir, 12, Baraa, 10 and Sudad, 7 — left a United Nations refugee camp on the borders of Iraq, Turkey and Syria months ago to make their way to Lebanon, where refugee applications are processed more quickly.

But to get to Lebanon the family had to cross on foot Iraqi territory held by the Islamic State. Radha hasn't heard from them since February. And now she fears the worst — that they have been captured or are dead.

Radha came to Canada in November 2009. She had left her hometown of Baghdad in 2007 after she was kidnapped and assaulted. Her life had also been threatened — someone had left a bullet and a note in her desk drawer at the Ministry of Health saying her life was at risk, she says.

Her husband had been killed while he was helping the U.S. military. Her brother — a barber — had disappeared. She believed he was kidnapped.

She tries to remain upbeat and hopeful but knows the odds are something is wrong.
TORSTAR NEWS SERVICE

PHILIPPINES

2 Canadians among abducted

Unidentified gunmen have abducted a Norwegian resort manager, two Canadians and a Filipino woman from a southern Philippine island, the military and police said Tuesday.

Two Japanese resort guests unsuccessfully tried to intervene before the gunmen escaped with their hostages aboard a motorized outrigger from Samal Island off Davao City, said regional military spokesman Capt. Alberto Caber.

Caber said the gunmen appeared to have specifically targeted the victims when they entered the Holiday Oceanview Samal Resort before midnight Monday on the northern tip of the island, about 975 kilometres southeast of Manila.

Caber said a naval blockade was set up around the island to stop the kidnappers from reaching Basilan Island farther to the southwest, where Abu Sayyaf militants are known to keep hostages while negotiating ransoms. The Abu Sayyaf, which has about 400 gunmen, was recently declared a terrorist group by a Philippine court and is on Washington's lists of terror organizations. THE ASSOCIATED PRESS

BACKGROUND

Police identified the Norwegian as Kjartan Sekkingstad, the resort's marina manager, and Canadians as John Ridsel and Robert Hall. The Filipino woman is the wife of one of the Canadians.

The NDP plans to spend $5 billion a year for a million existing and new spaces that cost parents no more than $15 a day. THOMAS LOHNES/GETTY IMAGES FILE

Doubt over universal child care

ELECTION 2015

Kids in Quebec system worse in health, crime and joy: Study

Newly released research on Quebec's low-cost child-care system suggests children who go through it may do well academically but have worse outcomes when it comes to health, life satisfaction and crime rates.

In a paper released Monday, a group of university researchers say children exposed to the province's child-care system were more likely to have higher crime rates, worse health and lower levels of life satisfaction as they aged than their counterparts in other provinces who didn't have access to the same type of system.

The new research is likely to throw a political wrench into the federal election, in which the New Democrats have made bringing Quebec-style child care to the rest of the country a key plank in their platform.

The party's plan is to spend $5 billion a year after an eight-year phase-in to pay for a million existing and new child-care spaces that cost parents no more than $15 a day.

The working paper, however, questions whether such a universal system — accessible at all income levels — can deliver on that promise of quality.

The effects were most acutely seen in boys. Boys were more likely to have higher levels of hyperactivity and aggression, the researchers wrote, while girls showed declines in prosocial behaviour, which captures many altruistic activities like donating and volunteering.

A spokeswoman for Quebec Family Minister Francine Charbonneau says the government will look into the study before commenting further.

THE CANADIAN PRESS

BENEFITS

The Quebec system is the largest program of its kind in North America. The province spends about $2.2 billion a year to support the system, which costs parents up to $20 a day.

There has been no question about its financial benefits in the short-term. Research from has shown the program helped grow the provincial economy, increased women's workforce participation and employment rates and boosted income tax and consumption tax revenues. Studies suggest the government recoups between $1.50 and $3 for every dollar invested in child care in Quebec.

CRIME

Crown seeks 20 years for sex trafficker

A British Columbia man found guilty of luring teenage girls into prostitution should spend more than 20 years behind bars, says a Crown lawyer.

Prosecutor Kristin Bryson argued in B.C. Supreme Court on Monday that Reza Moazami should serve back-to-back sentences for each of his 11 victims, who ranged in age from 14 to 19.

In the first human-trafficking conviction in the province, Moazami was convicted last September of 30 of 36 charges laid against him, including sexual exploitation, sexual assault and living off the avails of prostitution.

The court heard during his trial that Moazami recruited vulnerable girls by promising them drugs, alcohol and, in one instance, a puppy.

"Crime must not get cheaper by the dozen," Bryson told the court, quoting an earlier judgment to bolster her case.

Moazami was arrested in 2011 and spent three years and seven months in custody, meaning the Crown's proposed sentence would amount to a further 17 years imprisonment.

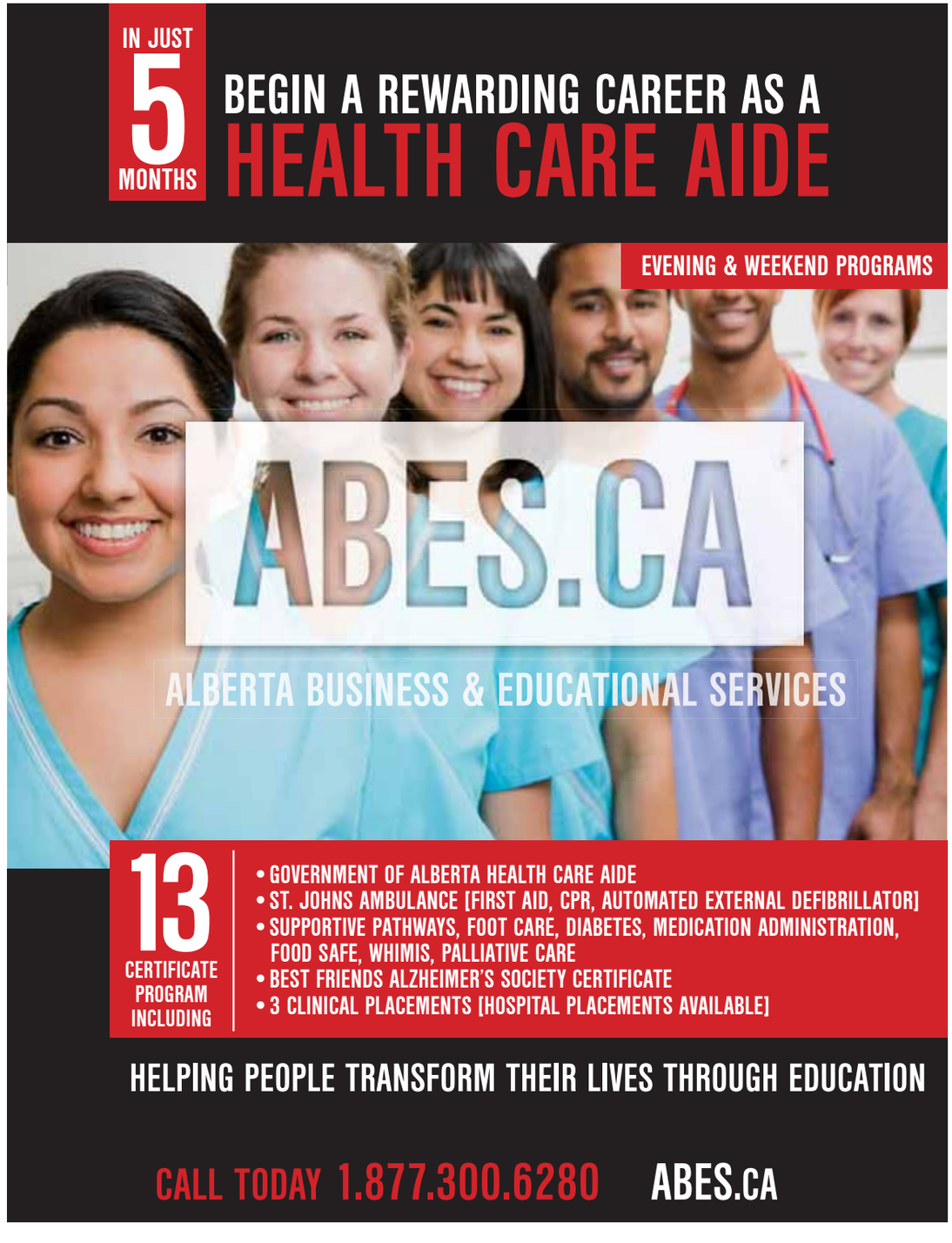
One of Moazami's two lawyers began Monday's hearing by asking that Justice Catherine Bruce reconsider her judgment on his client's five convictions of living off the avails of prostitution.

Lawyer Jeremy Fung argued those convictions were no longer constitutional because the Supreme Court of Canada's one-year delay in overturning the country's prostitution laws had expired since Moazami's conviction.

Bruce rejected Fung's argument, saying what mattered was that the laws were constitutional at the time of conviction.

"Mr. Moazami may have an appeal," she said. "But I've convicted him and I'm going to sentence him."

THE CANADIAN PRESS


IN JUST
5
MONTHS
BEGIN A REWARDING CAREER AS A
HEALTH CARE AIDE
EVENING & WEEKEND PROGRAMS
ABES.CA
ALBERTA BUSINESS & EDUCATIONAL SERVICES
13
CERTIFICATE PROGRAM INCLUDING
• GOVERNMENT OF ALBERTA HEALTH CARE AIDE
• ST. JOHNS AMBULANCE [FIRST AID, CPR, AUTOMATED EXTERNAL DEFIBRILLATOR]
• SUPPORTIVE PATHWAYS, FOOT CARE, DIABETES, MEDICATION ADMINISTRATION, FOOD SAFE, WHIMIS, PALLIATIVE CARE
• BEST FRIENDS ALZHEIMER'S SOCIETY CERTIFICATE
• 3 CLINICAL PLACEMENTS [HOSPITAL PLACEMENTS AVAILABLE]
HELPING PEOPLE TRANSFORM THEIR LIVES THROUGH EDUCATION
CALL TODAY 1.877.300.6280
ABES.CA

Clockmaker splits critics

ARREST FOLLOWUP

Atheist writer Dawkins under fire for views on Twitter

Atheist author Richard Dawkins has drawn criticism on social media after he questioned whether 14-year-old Texas student Ahmed Mohamed may have "wanted the police to arrest him" by bringing a clock to school last week.

"Did he deliberately want to be suspected of making a bomb? Did he want to be arrested, to be seen as a victim of 'Islamophobia'?" Dawkins wrote on Twitter on Sunday.

"If so, Texas police played right into his hands and most of us (including me) fell for it."

Mohamed was arrested after a homemade, digital clock he brought to class to impress his teacher last week was mistaken for a bomb.

His arrest drew accusations of Islamophobia, and spawned a hashtag, #IStandWithAhmed, in solidarity with the ninth-grader. U.S. President Barack invited Mohamed to bring the clock to the White House and Canadian astronaut Chris Hadfield invited him to attend his science show in Toronto at the end of October.

Ahmed Mohamed, 14, arrives at his family's home in Irving, Tex., recently. THE ASSOCIATED PRESS

But that didn't stop Dawkins from sharing YouTube videos and blog posts that accused Mohamed of being a "fraud" for not actually inventing the clock he brought to school, but reassembling one instead.

> **Right. That's a clock, and I'm the Queen of England.**
> Sarah Palin

Dawkins is a British writer and scientist who wrote the best-selling book The God Delusion, and promotes scientific knowledge and "a secular world view" through his foundation. He regularly speaks out against religion, but has been accused in recent years of singling out Islam for criticism.

People quickly responded angrily to Dawkins' comments, accusing him of missing the point of what happened to Mohamed and of being skeptical of the teen's motives simply because he is Muslim.

"Funny how you all search for the so called facts and hidden agendas ONLY when its (sic) about Muslims," one Twitter user said. "This is the saddest thing I've seen you write, and I have bought almost every book you've written. Come on," said another.

"Software is made from bought components. Legos are bought components. The kids who assemble them are still engineers," another user commented.

The story has been picked up by right-wing commentators in the U.S., including Sarah Palin, who wrote on Facebook: "Right. That's a clock, and I'm the Queen of England."

TORSTAR NEWS SERVICE

UNITED STATES

Figures for trash revised

Americans are sending more than twice as much trash to landfills as the federal government has estimated, according to a new study.

It turns out that on average, Americans toss 2.3 kilograms of trash per person per day into landfills, according to an analysis of figures from the same study, which is based on actual landfill measurements instead of government estimates.

For years, the U.S. Environmental Protection Agency relied on estimates to determine how much trash was being sent to landfills. But in 2010, the agency required most municipal landfills to measure and report how much trash was heading into the dumps, as part of an effort to lower heat-trapping methane emissions. Researchers at Yale University looked at the records for more than 1,200 landfills and calculated amounts, predominantly based on weights.

Three outside experts said they trust the Yale numbers.

THE ASSOCIATED PRESS

Thursday, September 24th

Give your brain an organic boost.

Join Orsha Magyar, M.Sc. and C.H.N. of NeuroTrition, for Boost Your Brain Organically. Learn how food affects your brain, what the dirtiest foods are and how to go organic on a budget.

The event will be held on September 24th from 7:00pm until 8:00pm at our 10th Avenue Market.
To register, visit communitynaturalfoods.com/boost-your-brain

REGISTER NOW

COMMUNITY natural foods
nourishing our community since 1977

10TH AVENUE MARKET
1304 - 10 Avenue SW

CHINOOK STATION MARKET
202 - 61 Avenue SW

CROWFOOT MARKET
850 Crowfoot Crescent NW

WHO hindered response to Ebola

SIERRA LEONE

Bungling ultimately cost lives in West Africa: Experts

Health workers in protective equipment at the government hospital in Kenema, Sierra Leone. THE ASSOCIATED PRESS FILE

The chlorine was expired. Protective gear was missing. And the red tape was so thick that responders fighting last year's Ebola outbreak had trouble getting approval for boots and buckets.

The 2014 Ebola epidemic pitted a lethal virus against barely there health systems. But an Associated Press investigation has found that a string of avoidable errors badly undermined the work of aid workers.

The World Health Organization, charged with leading the fight against global outbreaks, has been criticized already over its management of the disease-fighting effort. Earlier this year, an AP investigation found that WHO delayed declaring an international emergency — similar to an SOS signal — on political and economic grounds. Newly obtained emails, documents and interviews show that WHO and other responders failed to organize a strong response even after the signal was issued.

Experts say the bungling ultimately cost lives across West Africa. "There's no question that a better and earlier response from WHO could have resulted in thousands and thousands of fewer deaths than we saw," said Dr. Irwin Redlener, director of the National Center for Disaster Preparedness at Columbia University in New York.

The situation at Kenema Government Hospital was horrific. Blood-drenched patients lay in agony in understaffed wards, and WHO staffers made repeated requests for support that went unanswered. Other aid workers declined to work there, citing dangerous conditions.

THE ASSOCIATED PRESS

We want to give you, our clients, a heartfelt thank you for your ongoing support of the Canadian Breast Cancer Foundation CIBC Run for the Cure†. In celebration of Client Appreciation Day on September 25, 2015, CIBC will make a $1 donation to Canadian Breast Cancer Foundation for every client who makes a CIBC eDeposit® transaction[1].

Visit any branch on September 25 for treats and our personal thank you or cibc.com/clientappreciation to learn more.

#CIBCAppreciation

Canadian Breast Cancer Foundation
CIBC Run for the Cure†

CIBC

Canadian Breast Cancer Foundation

[1] Limited to one $1 donation per client who completes a CIBC eDeposit® transaction during the promotion period. Other conditions may apply.
† Canadian Breast Cancer Foundation, Run for the Cure and pink ribbon ellipse are trademarks of the Canadian Breast Cancer Foundation.
® Registered trademark of CIBC.

Iran probe meets UN standard

NUCLEAR WEAPONS

Samples were collected by nationals as a compromise

Director general of the International Atomic Energy Agency (IAEA) Yukiya Amano listens to the head of Iran's Atomic Energy Organization, Ali Akbar Salehi, during their meeting in Tehran, Iran, on Sunday. VAHID SALEMI/THE ASSOCIATED PRESS

The chief of the UN nuclear agency acknowledged Monday that samples used to determine whether Iran tried to develop a nuclear weapon were collected by the Iranians instead of agency experts but insisted the probe stands up to strict agency standards.

Such sampling of soil, air or dust from equipment is usually done by the International Atomic Energy Agency's (IAEA) own experts. But IAEA chief Yukiya Amano confirmed that Iranians carried out that part of the probe at Parchin, where the agency suspects that explosive triggers for nuclear weapons might have been tested in the past.

Diplomats say Iran insisted on the compromise as a condition for any probe of Parchin.

Deputy IAEA director general Tero Varjoranta said there have been more than 40 instances in which a country being inspected has been allowed to use its own nationals to do the sampling and that the process is only a small part of a rigid regimen established by the agency to ensure there is no cheating.

He said the criteria at Parchin included: invasive monitoring by video and still cameras while the sampling took place; GPS tracking of the sampling process; IAEA agreement on where the samples were to be taken; review by unspecified peers of the inspection process; and risk assessment and strict observance to ensure that procedures were followed step by step.

"We feel fully confident that the process and the result so far are fully in line with our safeguard practices," he said, standing next to Amano at a Vienna news conference.

Former IAEA deputy director general Olli Heinonen has described Iran as a particularly sensitive case, however, saying he knows of no other case in which a country under investigation for possibly trying to make nuclear weapons was permitted to use its own personnel to collect environmental samples as part of the investigation.

> **"We feel fully confident that the process and the result so far are fully in line with our safeguard practices."**
> Tero Varjoranta

The Iran arrangement was first revealed in a confidential draft agreement between the sides seen last month by The Associated Press.

Iran's atomic energy agency spokesman, Behrouz Kalmandi, said IAEA experts were not physically present during the sampling.

But Amano said the procedure meets strict agency criteria that ensure "the integrity of the sampling process and the authenticity of the samples."

THE ASSOCIATED PRESS

YOM KIPPUR

Muslims banned from Israel holy site

Israel says it will reinstate a rule banning Muslim men under age 40 from a mosque at Jerusalem's most sensitive holy site as a measure to ensure calm during an upcoming Jewish holiday.

The hilltop compound known to Jews as the Temple Mount and known to Muslims as the Noble Sanctuary has been a flashpoint for violence in recent days.

Police said security will be beefed up and Muslim men under age 40 will be banned from the compound's Al-Aqsa mosque for the 25-hour Yom Kippur fast starting at sundown Tuesday.

It coincides with the Muslim Eid al-Adha holiday, also known as the Festival of Sacrifice.

The ban has been put in place intermittently after protests where mostly younger Palestinians throwing rocks clashed with police at the compound and elsewhere.

THE ASSOCIATED PRESS

DUKE
AT MISSION

CONDOS & TOWNHOMES
FROM THE
$300's

AVIURBAN
A MULTI-FAMILY DIVISION OF
Homes by AVI

aviurban.com/duke
202, 17th Ave SW | 403.536.7294
*Artist rendering. Possession subject to availability. Prices subject to change without notice. E&O.E.

"accidentally" LEFT
your LUNCH
at home.again.

MOXIE'S
GRILL BAR

RENFREW
80 Years
YOUR DOWNTOWN CHRYSLER CONNECTION
MASSIVE HAIL SALE
OVER 1000 UNITS TO CHOOSE
COME DOWN TO SEE WHAT'S BEEN EVEN FURTHER REDUCED!

Australian Prime Minister Malcolm Turnbull announces his cabinet to Gov. Gen. Peter Cosgrove during the swearing-in ceremony of his government at Government House in Canberra on Monday. STEFAN POSTLES/POOL/THE ASSOCIATED PRESS

Australia to keep Queen for now: PM

COMMONWEALTH

Turnbull led last push to create republic

Australia's new Prime Minister Malcolm Turnbull indicated on Monday that he is in no hurry to sever the nation's constitutional links to Britain by appointing an Australian president as head of state.

Turnbull led the Australian Republican Movement when the advocacy group failed at a 1999 referendum to convince Australians to replace Queen Elizabeth II as head of state.

But six days after becoming prime minister, Turnbull said he has no plans to revisit the constitutional issue.

"While I am a republican, I have to say to you that there are much more immediate issues facing me and the government than the republic, and the key ones all relate to economic growth," Turnbull told Nine Network television.

Gov. Gen. Peter Gosgrove, the British monarch's representative in Australia, swore in Turnbull's 21-member cabinet later on Monday.

His team is younger and has more women than the 19-member cabinet of his predecessor, Tony Abbott.

"Today we are forming a government for the 21st century, a ministry whose composition and focus reflect our determination to ensure that Australia seizes the opportunities of these, the most exciting times in human history," Turnbull said at the ceremony.

Abbott was defeated in a surprise leadership ballot of Liberal Party lawmakers last week after he battled poor opinion polling during most of his centre-right government's two years in power.

Abbott is a staunch monarchist who riled many conservatives by making the Queen's husband, Prince Philip, an Australian knight on Australia's national day on Jan. 26. Many thought an Australian citizen would have been a more appropriate choice for the honour.

> **"There are much more immediate issues facing me and the government.**
> PM Malcolm Turnbull

Many believe that with both the prime minister and opposition leader Bill Shorten now supporting an Australian republic, the constitutional change could now be possible. Opinion polls suggest that most Australians believe that they should have an Australian head of state.

But Turnbull said there needed to be a "genuine popular movement" for change.

THE ASSOCIATED PRESS

BRITAIN

Book on Cameron makes wild claims

Many people have student antics they'd rather forget.

On Monday, British Prime Minister David Cameron's university days at Oxford were in the news — and causing national bemusement — thanks to a new book by a former Conservative Party treasurer.

Michael Ashcroft, a wealthy businessman who donated millions to the party before falling out with Cameron, has co-written Call Me Dave, an unauthorized biography that includes allegations of undergraduate drug-taking and juvenile sexual escapades.

Extracts published Monday in the Daily Mail newspaper claim Cameron smoked marijuana with friends. The book also quotes an unnamed college contemporary as saying Cameron once inserted "a private part of his anatomy" into the mouth of a dead pig during an initiation ritual for a student club.

Downing Street said Cameron wouldn't "dignify" the claims with a response, and they are likely to prove more embarrassing than harmful. Satirical responses flourished on social media under the hashtags #piggate and #hameron.

Cameron, 48, has often sought to play down his privileged upbringing. He attended Eton College, the country's most famous private school, and Oxford, where he was a member of the Bullingdon Club, a raucous drinking-and-dining society with a reputation for drunken vandalism.

Downing Street portrayed the book as political revenge.

Ashcroft, who co-authored the book with journalist Isabel Oakeshott, wrote that he had a "beef" with Cameron because he wasn't offered a senior government job as promised in 2010. THE ASSOCIATED PRESS

HOUSE OF CARS
SALES / SERVICE / FINANCE
Calgary's #1 Pre-Owned Dealer Group
NO PAYMENTS FOR (O.A.C.)
6 MONTHS
ON ALL PRE-OWNED VEHICLES!
WWW.HOUSEOFCARSCALGARY.COM
Prices are based on vehicle only. Warranty, finance fees, and GST extra O.A.C. All bi-weekly payments are calculated at 4.99% interest over 60/72/84 months depending on year of vehicle. Total cost of credit based on an interest rate of 4.99% over 84 months will be approximately $5,353.19 if customer pays the minimum payment for the full term. Each individuals credit will result in different cost of credit amounts.
Easy 30 Second Online Application
www.houseofcarscalgary.com
HOUSE OF CARS
SALES / SERVICE / FINANCE

TOP DOLLAR FOR TRADES! YES WE CAN FINA

MAS

2015 RAM 1500 SPORT CREW CAB 4X4

STK# 151272L

5.7L HEMI V8, 8 SPEED AUTO, A/C, CRUISE CONTROL, TILT WHEEL, POWER GROUP, TRAILER TOW PKG, TINTED GLASS, KEYLESS ENTRY

NOW ONLY $36,995 OR $228/BW

2013 RAM 2500 LIMITED CREW CAB 4X4

STK# 130628L

5.7L HEMI V8, 6-SPEED HD AUTO, FULLY EQUIPPED, RAM BOX, NAVIGATION, BACK-UP CAM, HEATED & COOLED LEATHER, KEYLESS GO, REMOTE START

NOW ONLY $41,888 OR $277/BW

2014 DODGE GRAND CARAVAN SXT PLUS

STK#141038L

3.6L PENTASTAR V6, AUTO, BACK-UP CAM, REAR DVD ENTERTAINMENT, BLUETOOTH, 3-ZONE CLIMATE CONTROL, FULL STO-N-GO

$19,888 OR $119/BW

2014 DODGE DART SE

STK# 141229L

2.0L I4, AUTO, 8 AIR BAGS, MOBILE AUDIO INPUT, A/C, POWER WINDOWS/LOCK & MIRRORS

$12,888 OR $79/BW

2014 JEEP CHEROKEE NORTH

STK# 141289L

COLD WEATHER PACKAGE, REMOTE START, BLUETOOTH, MUCH MORE.

NOW $19,888 OR $119/BW

2015 FIAT 500L POP

STK# 141262L

CRUISE, BLUETOOTH, ELECTRONIC STABILITY CONTROL

NOW $14,995 OR $105/BW

2015 CHRYSLER 200 LIMITED

STK#150160L

3.6L PENTASTAR V6, 9 SPEED AUTO, 8.4" TOUCH SCREEN, BACK-UP CAM, SUNROOF, HARMON KARDON SOUND, BLUETOOTH

NOW $19,888 OR $119/BW

RENFREW 80 Years

DODGE CHRYSLER Jeep RAM FIAT

YOUR DOWNTOWN CHRYSLER CONNECTION

CALL US TODAY 1.888.861.7964

1920 PUMPHOUSE AVE SW

OPEN 9AM - 9PM

TRADES NEEDED - PAID OR NOT! PROUDLY SERVING ALBERTANS FOR OVER 80 YEARS! TO

NCE EVERYONE! 100% FINANCING AVAILABLE!

SSIVE HAIL SALE

OVER 1000 UNITS TO CHOOSE

2011 CADILLAC ESCALADE PREMIUM

STK#11480

6.2L V8, 6 SPEED AUTO, FULLY EQUIPPED INCLUDING REAR BUCKET SEATS, BOSE AUDIO AND

YOU PAY ONLY

$48,888 OR $368/BW

OUR LOSS IS YOUR GAIN! THEY'RE CLEARING OUT FAST!

COME DOWN TO SEE WHAT'S BEEN EVEN FURTHER REDUCED!

MUST SEE JEEP!!

2014 JEEP GRAND CHEROKEE SRT8

STK# 11479

6.4L HEMI V8, 8 SPEED AUTO, FULLY EQUIPPED INCLUDING A PREMIUM CORSA EXHAUST PACKAGE.

$60,900 OR $400/WK

2013 RAM 1500 SPORT CREW CAB 4X4

STK#151763A

5.7L HEMI V8, AUTO, LTHR, SUNROOF, NAV, BACK-UP CAM, KEYLESS ENTRY, BLUETOOTH, ALLOY WHEELS

$32,888

2014 DODGE GRAND CARAVAN CREW

STK#141435L

3.6L V6, AUTOMATIC, A/C, CLIMATE CONTROL, KEYLESS ENTRY, POWER DOORS, ALLOY WHEELS

NOW ONLY **$21,888 OR $130/WK**

HAIL SALE! HAIL SALE! HAIL SALE! HAIL SALE! HAIL SALE! HAIL SALE! HAIL SALE! HAIL SALE! HAIL SALE!

2012 DODGE JOURNEY CREW

STK# 151776A

5 TO CHOOSE!

3.6L V6, AUTO, CLIMATE CONTROL, HEATED SEATS, REMOTE START, 3RD ROW SEATS & MORE!

REG $16,996 **$13,888 OR $127/BW**

2012 DODGE DURANGO SXT AWD

STK# 11431

ONLY 35,550 KM'S!!

REAR A/C, POWER WINDOWS, LOCKS & MIRRORS, KEYLESS ENTRY, BLUETOOTH, BRAND NEW TIRES

$23,888

2009 JEEP WRANGLER UNLIMITED 4X4

STK#11446A

3.8L V6, AUTOMATIC, A/C, CRUISE CONTROL, REMOVABLE ROOF, ALLOY WHEELS

$20,888 OR $197/BW

FOR MORE DETAILS CALL THE HAIL HOT LINE 403-266-1920

RENFREWCHRYSLER.COM

CarProof VEHICLE HISTORY REPORTS

SIRIUS SATELLITE RADIO

Travel packages supplied & serviced by Odenza Marketing Group. See dealer for complete details. Pricing does not include GST. Vehicles may not be exactly as shown. $0 Down, 5.99% interest rate, OAC. Qualifications 2014 & 2015 – 96 mths, 2012 & 2013 – 84 mths, 2010 & 2011 – 72 mths, 2007 to 2009 – 60 mths, #11230 OAC (4.99%, 96 MONTHS, COB $6571 AND TOB $37302. See Dealer for details. $10,000. **Stk# 141764A 2011 Grand Caravan, 5.99% for 60mths, COB-$1784.29, TOB-$13044.20 Monthly payments based on the following eg. Stk# 11370 2014 Chrysler 200 LTD COB $5337.81, TOB $34,066.76 at 4.99% for 96 months. OAC

P DOLLAR FOR TRADES! YES WE CAN FINANCE EVERYONE! 100% FINANCING AVAILABLE!

MALWARE

Security breach puts iPhones, iPads at risk

Apple announced a rare security breach over the weekend that means some Canadians may have unwittingly infected their iPhones and iPads with malware that could expose their iCloud passwords and other personal data.

Apple Inc. has removed some applications from its app store after developers in China were tricked into using software tools that added malicious code. Many of the affected apps were only available on the App Store in China, yet some that were reportedly infected by the malware — including WeChat, business card rolodex CamCard and file extractor WinZip — are available in Canada.

The malicious code spread through a counterfeit version of Apple's Xcode tools used to create apps for its iPhones and iPads, according to the company. It was first publicized last week by security researchers at Alibaba Group, who dubbed it XcodeGhost.

THE CANADIAN PRESS/WITH FILES FROM THE ASSOCIATED PRESS

market minute

DOLLAR
75.50¢ (-0.16¢)

TSX
13,779.44 (+132.54)

OIL
$46.96 US (+$1.94)

GOLD
$1,132.80 US (-$5)

NATURAL GAS: $2.573 US (-3.2¢)
DOW JONES: 16,510.19 (+125.61)

We want YOUR opinion!
Join our Online Reader Panel and help make your **Metro News** even better. Join for a chance to win a $25 gift card.
metronews.ca/panel
metro

STAPHA
AFRICAN PSYCHIC
Reuniting Loved Ones · Stopping Divorce
Removing Bad Spirits · Success in Business
Healing Protection
Results Guaranteed
403.802.0367

Adventure!
Teach English Overseas
> TESOL Certified in 5 Days
> In-Class or Online
> No Degree Required!
1.888.270.2941
Next in-class course:
October 19-21, 26-28, 2015 (Evening Sessions)
Next FREE INFO Seminar: October 7th, 2015 @ 7pm
KN B87/88 Kinesiology B Block - 2500 University Drive NW
www.globaltesol.com
GLOBAL TESOL COLLEGE
Job Guaranteed!

Hidden cost of flying

TRAVEL

Airlines charge for services like offline reservations

There are hidden costs in flying you may not know about in services or products you use.

Credit card fees:
Damage: Varies

Some carriers charge you for using your credit card. Australian budget airline Jetstar, for instance, charges about $10 unless you use its Jetstar card.

How to drop it: If you fly frequently enough with an airline, sign up for its credit card.

Offline reservation fee:
Damage: $10 to $25

Many airlines charge fees for booking tickets offline. British Airways charges $25 if you book over the phone.

How to drop it: Book your tickets online. Or, pick an airline that skips this fee. Air Canada does not charge for phone booking for calls made within North America.

Passengers head for their flight gates at Toronto's Pearson airport. THE CANADIAN PRESS FILE

Fee for using miles:
Damage: About $75

Some charge for usage of miles if the booking is not done sufficiently in advance.

How to drop it: Read the fine print, and book with an airline that does not have such constraints, such as JetBlue and Southwest airlines.

Boarding pass reissue:
Damage: $30

If you lose your boarding pass, be prepared to pay for that slip of paper with some airlines. Ryanair charges the equivalent of $30 for reissuing boarding passes.

How to drop it: Pay online. Ryanair doesn't charge for reissuing boarding passes for tickets bought online.

Change-date fee:
Damage: Possibly more than the price of your ticket

You don't just pay the change-date fee, you also pay the price difference between the two flights.

How to drop it: If your date is a bit unsure, opt for an unrestricted ticket, though those can cost up to twice what you would normally pay. Also, check your airline's change policies. Continental, for example, offers a 24-hour period during which you can change your flight without penalty.

TORSTAR NEWS SERVICE

AUTOMOTIVE

VW Canada halts sales after scandal

Volkswagen Canada has told dealers to stop selling diesel-powered vehicles involved in an emissions-testing scandal that has drawn the ire of American regulators.

Spokesman Thomas Tetzlaff said in an email that the voluntary move comes as the Canadian division of the automaker is working with its American counterpart and parent company in Germany to resolve the issue.

Volkswagen CEO Martin Winterkorn apologized on Sunday following revelations last week that the company had rigged U.S. emissions tests for about 500,000 diesel cars.

Tetzlaff said nearly all of the company's Volkswagen-branded diesel cars are included in the stop sale order in Canada, including the Jetta, the Golf and the Beetle.

VEHICLES

Affected models:
- 2009 – 2015 Jetta
- 2010 – 2015 Golf
- 2013 – 2015 Beetle
- 2012 – 2015 Passat
- 2009 – 2015 Golf Wagon

No mention was made of what is to happen with cars already on the road.

On Friday, the U.S. Environmental Protection Agency said Volkswagen used a device programmed to detect when the cars are undergoing official emissions testing.

The software device then turns off the emissions controls during normal driving situations, allowing the cars to emit more than the legal limit of pollutants.

Volkswagen marketed the diesel-powered cars as being better for the environment.

The EPA said VW's Audi luxury brand had also attempted to circumvent emissions regulations on the Audi A3, but Volkswagen Canada did not say the Audi was a part of the order.

THE CANADIAN PRESS, WITH FILES FROM THE ASSOCIATED PRESS

High Speed Internet
Unlimited Usage
$19.95/mo
6-months Special offer
Free Transfer
Free Modem Rental
No Contract
Unlimited Canada Wide Home Phone **$4.95**/M
Join our winning agent team !
Please contact : kevinz@altimatel.com
altima telecom
587-320-2266
Call Us For More Details
www.altimatel.com

metro VIEWS

Song of the savannah: Who said music was unique to humans? Giraffes, once thought silent but for a few snorts, hum to themselves at night — though researchers aren't sure why.

EMMA TEITEL: ON THE WOMEN'S ISSUES PANEL

It's hard to imagine — save for a drum circle hosted by Margaret Atwood — a campaign event where Harper would feel less welcome.

The last time that women's issues were debated by Canada's major political leaders on a national stage during a federal election, the average movie ticket cost less than $10, MuchMusic had not yet aired on TV and Marc Garneau — the retired astronaut turned MP — had not yet visited space.

In other words, the last time our federal party leaders met on a national stage to debate women's issues, the date was Aug. 15, 1984. Justin Trudeau was 12 years old, Thomas Mulcair was 29 and Stephen Harper was 25.

That debate, sponsored by the National Action Committee on the Status of Women, featured impassioned calls for increased women's rights from then NDP leader Edward Broadbent and Conservative leader Brian Mulroney — and John Turner, the Liberal prime minister of the day.

Turner's and Mulroney's performances in 1984 were rife with contradiction: Both men spoke very highly of the opposite sex while defending, almost in the same breath, their less-than-stellar positions on abortion rights. But at least they showed up.

The same cannot be said about Harper, our current Conservative leader, who, 31 years later, has snubbed women's groups twice already in this seemingly never-ending election cycle.

The Up for Debate event illustrated succinctly why women's issues are not merely moral, but economically prudent.

In August, he refused to participate in a planned debate on women's issues organized by Up for Debate, an alliance of more than 100 women's organizations. The NDP's Mulcair, originally slated to participate, pulled out not long after with a lame excuse: He would only participate in debates at which Harper was present.

REWIND The last time federal leaders debated women's issues for a national audience was 1984. The NDP's Ed Broadbent, Progressive Conservative Brian Mulroney and Liberal John Turner debated abortion, which was not yet legal.
THE CANADIAN ENCYCLOPEDIA

But, unlike Harper, Mulcair did agree to participate in Up For Debate's second go at a women-focused election event: Monday's live-stream panel discussion at the University of Toronto, organized in partnership with the Toronto Star and Le Devoir, featuring video interviews with four of five federal party leaders.

"It's pretty clear that this is not a priority for the PCs," said 26-year-old U of T student Allison Branston at the event. "Clearly they don't think (Harper) would perform well in this situation."

Branston is probably right. The event, which drew more than a hundred women, featured a feminist standup comic regaling the audience with jokes about menstruation and Harper's famously stiff coif, followed by a panel of activists calling for a "rigorous investigation" into murdered and missing aboriginal women in Canada.

It is hard to picture — save for a drum circle hosted by Margaret Atwood — a campaign event where Harper would feel less welcome than last night's. In video interviews streamed on a screen in a university auditorium, both Trudeau and Mulcair declared themselves feminists. Critiques of the Harper government from the panel were met occasionally with uproarious applause.

Though deeply partisan, and therefore a little preachy, the Up For Debate event illustrated succinctly why women's issues are not merely moral, but economically prudent. According to one panellist, violence against women costs the government "by its own estimation more than $12 billion a year."

And yet, despite the success of Monday's event, it's difficult not to be at least mildly frustrated that it even had to exist at all. Women's issues may be important, but they are clearly not important all year round, hence their absence from the majority of major election debates both past and present.

Every problem dissected by the participating party leaders in their video testimonies — from violence against women to abortion access in the Maritimes — is real and harrowing. But they are also apparently too niche for public consumption in prime time, when debates are not only won and lost by men, but moderated by them as well.

One of the most refreshing moments of the Republican primary debates in the United States this year occurred when debate moderator Megyn Kelly, a conservative pundit, called Donald Trump out on his apparent habit of referring to women he finds disagreeable as "fat pigs."

Rather than wait another 31 years to watch our political leaders engage in a discussion about women's issues, it would be nice to see more women moderate our country's major multi-issue debates.

After all, Harper can't skip those.

Emma Teitel is a national columnist for the Toronto Star. She has been a front-of-the-book columnist for Maclean's magazine for the past four years, focusing on a wide range of subjects including women's issues and popular culture. She won the National Magazine Awards gold award for columns in 2013.

metroview

#ReadtheTRCReport: We can't reconcile if we don't know the history

Erica Violet Lee
For Metro

On June 2, the Truth and Reconciliation Commission Report on residential schools was released. I remember standing in a packed Ottawa hotel lobby, watching along with hundreds of others who had travelled from across the country. I was a little grouchy going in. The impact of residential schools is well-documented. It felt impossible to find any reason for hope in yet another report filled with horrifying stories. (Just when we think we've heard the worst, there's always more.)

Three months later, we are in a federal campaign, and the TRC report has slipped the minds of politicians. How can we reconcile when so many don't know the history of this land or extent of the atrocities committed in Canada's name?

Reading the 388-page report is a daunting task, even more so because of the difficult content. Over the summer, Zoe Todd (Métis, Edmonton), Joseph Murdoch-Flowers (Inuk, Iqaluit), and I launched a project via Twitter to record the entire document on video, with the title #ReadTheTRCReport. One hundred and forty videos later, we completed the project. Each one was lovingly recorded by someone who lives on these lands — someone who lives with the legacy of residential schools, and with the responsibility to make sure these stories are not forgotten.

As the report summary was read aloud, I watched elders weeping and understood how many people waited their entire lives for it. Even more did not survive to see it. Residential school survivors and their families deserve closure, justice, and hope. The TRC report is a definitive record of their experiences. It's confirmation that yes, more than 150,000 indigenous children were taken from their homes, and yes, that is genocide.

Leaving the hotel, I thought this: Of 35 million Canadians, how many know there are more indigenous children currently in foster care than at the height of residential schools? How many falsely believe they are powerless to change the history currently being written by their government?

The report contains not only history and testimony, but recommendations calling Canadians to action. Number one on that list is the return of indigenous children to their cultures. For children to be safe in their communities, they need clean drinking water, equal funding for education, and freedom from poverty. By taking action for indigenous children now, we seek the justice that was denied to residential school attendees. By reading the report, we declare that to be indigenous is not only a story of tragedy, but one of hope.

Erica Violet Lee is studying philosophy and political studies at the University of Saskatchewan. She is a youth organizer in the Idle No More movement.

PHOTO: ALOYS FLEISCHMANN/FACEBOOK

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank
VICE PRESIDENT & EDITOR
Cathrin Bradbury
VICE PRESIDENT & GROUP PUBLISHER METRO WESTERN CANADA
Steve Shrout
MANAGING EDITOR CALGARY
Darren Krause
ADVERTISER INQUIRIES
adinfocalgary@metronews.ca
General phone 403-444-0136
FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

metro LIFE

Your essential daily news

Downton Abbey had 7.6 million U.K. viewers for the premiere of its final season.

10 New shows for fall

Fellow couch potatoes, it's time to get excited. Fall TV is officially upon us! Forget the cooler weather, shorter nights and falling leaves — the next couple of months are really all about the brand new TV series heading our way. Here's our guide to 10 new shows worth tuning into.

BRIAN GASPAREK FOR METRO

NOW AIRING

Blindspot

Blindspot has the potential to be one of the coolest new shows this fall. The drama follows Jane Doe, a mysterious tattoo-covered woman who wakes up in a duffle bag in Times Square with no memory of her past or identity. The FBI notices each tattoo on her body contains a clue to a crime that has to be solved. Neat, huh? The show stars Jaimie Alexander and Sullivan Stapleton.

SEPT. 28

Daily Show with Trevor Noah

It's the question we're all asking: Will Trevor Noah be able to fill Jon Stewart's shoes as host of The Daily Show? Our questions will be answered later this month.

TONIGHT

Scream Queens

If you liked Ryan Murphy's other creations (American Horror Story, Glee and Nip/Tuck), you'll want to check out Scream Queens. The show mixes horror and comedy and is planned to be an anthology series like AHS. The first season follows a series of sorority house murders and features a stacked cast that includes Emma Roberts, Lea Michele, Jamie Lee Curtis and Abigail Breslin.

NOW AIRING

The Bastard Executioner

If you're trying to fill the void that Sons of Anarchy left in your life when it ended last year, The Bastard Executioner could be the show to do it, a series by SOA creator Kurt Sutter that looks just as bloody and badass. It's a medieval drama that follows a disgruntled knight turned journeyman executioner. It stars Lee Jones, Katey Sagal and Stephen Moyer.

OCT. 9

Red Oaks

The best new comedy to binge watch this fall might be Amazon's Red Oaks. Following up its hilarious pilot that was released last year, the show is set in the mid '80s and revolves around an awkward teen tennis pro working a summer job at a posh country club. Critics have compared it to Caddyshack, which sounds pretty good to us.

TONIGHT

The Muppets

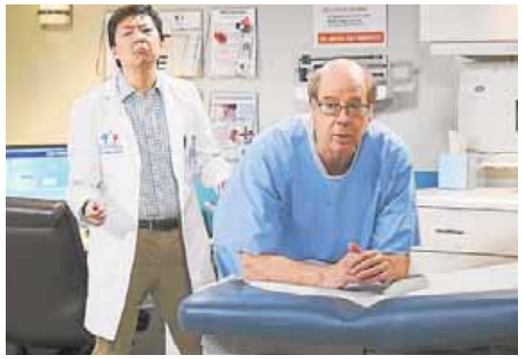
The Muppets are back on TV this month! Although that alone should make you want to tune in, their new show sounds fantastic.

The Muppets will be a show-within-a-show sitcom in the vein of The Office or Parks and Recreation... only with The Muppets. Plus a lot of special guest cameos.

OCT. 2

Dr. Ken

Everyone loves Ken Jeong, so naturally he was given his own sitcom. In Dr. Ken, the former Hangover and Community star plays a brilliant but crass doctor (his real life profession before acting) and family man to his wife and two kids. With Ken as the star, it should be hilarious and worth a watch.



OCT. 31

Ash Vs. Evil Dead

Get your bandwidth ready for some Halloween streaming. Sam Raimi and Bruce Campbell are reuniting to bring the world of Evil Dead to TV. Ash Vs. Evil Dead follows our favourite zombie-slaying film hero hilariously destroying a new pack of zombies 28 years later. It is 10 episodes of guaranteed blood, guts and laughs.

OCT. 12

Crazy Ex-Girlfriend

Another can't miss comedy is Crazy Ex-Girlfriend. Dreamt up by and starring Robot Chicken writer Rachel Bloom, the dark musical comedy follows a ridiculously obsessed single woman trying to rekindle a relationship with her high school boyfriend 10 years later. She believes he's her soulmate after being inspired by an emotional butter commercial.

OCT. 26

Supergirl

Agent Carter is getting some female superhero competition this fall. Arrow and Flash producer Greg Berlanti is bringing Supergirl into our living rooms in late October and it looks really good.

Former Glee star Melissa Benoist is donning the red cape for the show.

10 BEST RETURNING SHOWS

They're back: fall premieres that can't be missed

The fall season has finally arrived. In addition to bringing a solid batch of new shows into our living rooms, we also see the return of a few favourites.

Here's a look at 10 of the top shows returning and when you can catch them.

Dr. Who (Now airing)

Sci-fi junkies should be pumped for the ninth season of Doctor Who. Peter Capaldi is returning for his second season as the Doctor and Jenna Coleman is back in her third season a companion Clara Oswald.

Gotham (Sept. 21)

One of the most highly anticipated returns this fall is the second season of Gotham. Dubbed "rise of the villains," the new season promises to give fans the origin stories for some of Gotham's most popular baddies. Word has it we're going to get to see The Joker, Mr. Freeze and Tigress, to name a few!

How to Get Away with Murder (Sept. 24)

When HTGAWM returns, we're not only going to find out who killed Rebecca Sutter, we've also been promised another crazy plot twist. The murder mystery drama revolving around Viola Davis' Annalise Keating and her interns just kept getting better last season. We assume the trend continues in Season 2.

Big Bang Theory (Sept. 24)

How will Leonard and Penny deal with married life? Will Sheldon and Amy work things out? Will Raj find love? We'll find out the answer to these pressing questions when the most watched sitcom in the world returns for a ninth season.

The Flash (Oct. 6)

The first season of The Flash was surprisingly great, and the show hopes to build on its momentum going into season two. Look for a pack of new characters, including several from the alternate universe. There will also be a crossover episode with fellow superhero TV hit Arrow. Side note: Arrow season four debuts Oct. 7th.

American Horror Story: Hotel (Oct. 7)

The fifth chapter in the American Horror Story anthology begins in early October with AHS: Hotel. This season takes place at the haunted Hotel Cortez and is said to be the darkest yet. Yikes. Series regulars like Kathy Bates, Matt Bomer, Sarah Paulson and Chloë Sevigny all return. New cast members include Lady Gaga as the hotel owner and New Girl's Max Greenfield as a junky.

Walking Dead (Oct. 11)

The highest-rated cable drama of all time, The Walking Dead, is back with a 90-minute season premiere to kick off its sixth season, which opens with 650 walkers in the first episode. That's a lot of zombies, folks.

Fargo (Oct. 12)

Everyone's favourite dark comedy is back for its sophomore year. Fargo's second season takes place in the late '70s, with a new setting and cast of characters (for the most part), including Ted Danson, Kirsten Dunst and Nick Offerman.

The Knick (Oct. 16)

Steven Soderbergh's 20th-century medical drama The Knick kicks off its highly anticipated second season in mid-October. We're all excited about diving back into the lives of Clive Owen's drug-addicted surgeon Dr. Thackery.

HEROES REBORN

Star of Chuck gets dark

Zachary Levi. GETTY IMAGES

Zachary Levi switches gears from playing the goofy star of Chuck to something much darker in his new thriller, Heroes Reborn.

The gregarious actor admits the role is a bit of a left turn for those familiar with the hero of his defunct beloved spy dramedy.

"The tone of these two shows is very different. In Chuck there was a lot of lightheartedness, there was a charm, there was a heart," Levi said during a stop in Toronto in June.

"And Heroes is a dark and complicated world and I play a dark and complicated guy."

Since his cult NBC series left the air in 2012, Levi has tackled material on big and small screens including the stop-motion comedy Robot Chicken and the superhero spectacle Thor: The Dark World, in which he played the warrior Fandral.

But Heroes Reborn arguably resets his career with his darkest role yet: His character Luke is a vigilante bent on exacting vengeance for the death of his son.

The show continues Tim Kring's saga of ordinary people suddenly bestowed with superhuman abilities, introduced in the four-season Heroes.

Levi said the new story picks up five years later, with a war brewing between those with abilities and those without.

Jack Coleman reprises his role as HRG, a.k.a. Noah Bennet, while other returning characters include Greg Grunberg as Matt Parkman and Masi Oka as Hiro Nakamura.

New characters include the awkward teen Tommy, played by Robbie Kay, who learns of a new ability that terrifies him; and Tokyo's quiet Miko, played by Kiki Sukezane, who is searching for her missing father while hiding an extraordinary secret.

Levi noted this is a world where many regular humans are shaken by the fact their neighbours possess what could be dangerous powers. "Lots of bad things are happening. Some people with powers abuse them and some people without abilities are afraid of them and fighting back." THE CANADIAN PRESS

9 things to know about Trevor Noah

COMEDY

The new Daily Show host has an interesting biography

Brian Gasparek
For Metro Canada

The night is almost upon us. On Sept. 28, South African comedian Trevor Noah officially takes over as the new host of The Daily Show.

Although the 31-year-old comic has inherited quite the coveted TV role, there's a good chance that you still don't know much about him. So before he parks his butt at the desk of our favourite late-night news satire show, let's get to know him a little better.

Here are nine things that you should know about Trevor Noah — it turns out he's a pretty neat guy!

He says he was born illegally
According to Noah, his birth was a crime.

The comedian says that because he was born to a black South African mother and white Swiss father during apartheid, both their marriage and his birth were deemed illegal. His mom was actually arrested and fined by the South African Government because of it. His upbringing inspired the heavy use of racial issues in his standup comedy.

He speaks more languages than the average Joe
There's a good chance that Trevor Noah is fluent in far more languages than any of us.

The comedian can speak English, German, Xhosa, Zulu, Sotho, and Afrikaans perfectly. Talk about a polyglot.

He was a soap opera actor
Before making a name for himself as a comedian, Noah was a South African soap opera actor in 2002. When he was just 18, Noah had a role in a show called Isidingo.

He's done radio as well
After his soap opera acting days, Noah was a radio host in South Africa. He scored his first hosting gig on a youth station called YFM in Gauteng. His first show was appropriately called Noah's Arc. Clever, right?

The Daily Show isn't his first TV hosting gig
The Daily Show is far from Noah's first television hosting gig. Over the past decade, he has hosted an educational show, a celebrity gossip show and a sports show on South Africa's SABC 1 and 2. He has also co-hosted a dating show called The Amazing Date and was a contestant on a dance competition show called Strictly Come Dancing in 2008.

A late start to his standup career
Noah didn't start his standup comedy career until he was in his early 20s. His jokes have always revolved around race, culture, politics and celebrity ridiculousness. Sounds like a Daily Show shoe-in, right?

He's already made a mark on late-night TV
Before his Daily Show premiere, Noah had already made late-night television history. He was the first South African comedian to appear on both The Tonight Show with Jay Leno and the Late Show With David Letterman.

He made a quick impression on The Daily Show
Noah first submitted his audition tape to The Daily Show in 2014. He appeared on the show just three times as a correspondent before being named as Jon Stewart's successor. That's what you call a good impression.

He is performing at JFL42 this month
It turns out Noah will be performing standup in Toronto just two days before he takes over as the host of The Daily Show. Noah is one of this year's headliners at JFL42, performing on Sept. 26 at the Sony Centre.

The Daily Show with Trevor Noah premieres Monday Sept. 28 at 11 p.m. on The Comedy Network.

Trevor Noah has some big shoes to fill as he takes over from former host Jon Stewart.

ABIGAIL BRESLIN

From Miss Sunshine to Scream Queen

Abigail Breslin
THE CANADIAN PRESS

It wasn't how Abigail Breslin expected her first close encounter with Nick Jonas to go down.

"Yelling at him with coffee breath," the 19-year-old actress recalled of one of their scenes together on Breslin's new series, Scream Queens, premiering tonight at 9 p.m. ET on City.

"That wasn't what I envisioned that scenario being when I was, like, 13. But you know what? Hey — it's still Nick Jonas."

Breslin, who got an Oscar nomination for playing a spirited beauty pageant contestant in Little Miss Sunshine, stars in the series as a member of a popular sorority plagued by a string of murders.

Emma Roberts plays the catty sorority president, Lea Michele of Glee co-stars as one of the pledges and Jamie Lee Curtis plays the university dean who forces the sorority to accept anyone who wants to join.

Ian Brennan, Ryan Murphy and Brad Falchuk created the Fox series, which was filmed in New Orleans and has been described as a combination of Heathers, American Horror Story and Mean Girls.

Breslin said she was "so obsessed" with the Jonas Brothers before Nick signed on to the show to play a fraternity member.

The night before he arrived on set, she fretted to her friends that she would feel embarrassed and awkward around him — even though she'd previously met him at three of his concerts.

"I was like, 'Nick Jonas is working tomorrow.... What should I be like? Should I pretend I don't remember him? Like, do that whole move and be like, "Oh, hey! Oh, we have met? Yeah, wow, God, so long ago,'" said the New York native.

"'Or should I just be like, 'Hey, Nick,' or like, 'HEY, Nick,' but not too excited, though ... just casual about it?"'

She ended up playing it cool: "I was like, 'Heyyy, hi, how's it going? How are you? What's up? God, excited for the scene? Yeah, me too."'

Breslin also became equally "obsessed" with pop superstar Ariana Grande, who joined the cast as a sorority member.

"She's the cutest, sweetest, happy, little, cute," said Breslin, running out of adjectives. "Like, she's not real."

The ever-expressive Breslin also gets candid in her new book, This May Sound Crazy, due out Oct. 6.

The collection of non-fiction essays about love in the social media era stems from a blog she started around age 16.

"It's basically like non-fiction essays that I've written just about why not to stalk your ex on Facebook and stuff like that — you know, the really important things in the world," she said with a laugh.

"It gets real. It gets way too real.... I talk about a lot of things, like apparently saying to a guy that you're 'harvesting a zit' is not cute."

THE CANADIAN PRESS

Celebrate Organic Food, Farming & Products in Canada

CELEBRATE ORGANIC WEEK

Canada's National Organic Week is the largest annual celebration of organic food, farming and products. Hundreds of individual events are held across Canada, showcasing the benefits of organic and its positive impact on the environment and human health.

Events include everything from pickling workshops to recipe contests, farm tours, or organic food and drink tastings in retail locations. Every school, retailer, chef, organic grower or advocate is encouraged to get involved.

September 19-27, 2015 | /OrganicWeek @OrganicWeek

Organic Week would like to extend a special thanks to our National Champion & National Leader Sponsors:

NATIONAL CHAMPIONS

NATIONAL LEADERS

PARTNERS

Organic Week is supported by regional partners, and organized by Canadian Organic Growers, the Canada Organic Trade Association, and the Canadian Health Food Association.

Brangelina said to be adopting again

Ned Ehrbar
Metro | Hollywood

I was wondering how Brad Pitt and Angelina Jolie would personally address the Syrian refugee crisis. Well, both questions are reportedly being answered in one fell swoop, as the Hollywood power couple is set to adopt a Syrian orphan, according to Radar Online.

The child in question is apparently one of three young brothers Jolie met during a tour of a Syrian refugee camp in Turkey.

"Angie wanted to adopt all three, but when she got back to the United States, and told Brad about it, he said no," a source says."Going from six children to nine was just way too much, and Brad was concerned about how it would impact their other kids. But Angie didn't put up a fight. She knew it just wouldn't work." They apparently compromised on adopting one of the brothers.

"It has been a very long process to adopt the Syrian orphan. The red tape has been almost impossible at times," the source adds. "It could take at least another four to five months before the child is brought to the United States."

UNHCR Special Envoy Angelina Jolie with Syrian refugees last year. GETTY IMAGES

Miley Cyrus last week toured the Great Bear Rainforest in B.C.
APRIL BENCZE/PACIFIC WILD

Miley Cyrus has found her culling

ACTIVISM

Pop star wants government-sanctioned wolf cull to end

Matt Kieltyka
Metro | Vancouver

One of the world's most visible superstars snuck in a covert trip to British Columbia last week in support of the campaign against B.C.'s wolf cull.

Miley Cyrus, who created a groundswell of international support for promoting Pacific Wild's petition against the cull through Instagram, joined member of the conservation group, local First Nations and Spirit Bear Adventures last week to tour the Great Bear Rainforest and see for herself the animals she wants protected.

"The reason why I am here is I want to see the wolf cull ended," Cyrus says on a video released by Pacific Wild on Monday. "When you're out here and you hang out with people like (wolf biologists) John (Theberge) and Mary (Theberge) and (ecologist) Carl Safina, you start thinking, 'Ok, what I do is really unimportant. But if I didn't do those things, then I wouldn't have the voice that I have to be the megaphone for what these amazing people have researched for so long."

Pacific Wild cofounder Ian McAllister said that Cyrus' three-day trip to B.C., with her brother Braison, saw the Wrecking Ball singer return home inspired and confident that science is on her side.

The provincial government's sanctioned wolf cull is an attempt to save B.C. endangered Mountain Caribou population, but conservationists question whether the hunt will have an impact. McAllister says the real problem is habitat loss.

Cyrus, he said, has been able to shine a public light on the campaign.

"We've been trying and trying to get Premier Christy Clark to look at it and get nothing. With Miley Cyrus, one Instagram post and Premier Clark responds."

In comments made earlier this month, Clark was dismissive of Cyrus' stance on the cull.

Pacific Wild's petion has garnered over 200,000 signatures to date. Asked what's next for the campaign, McAllister laughs and hints at another celebrity sighting in the Great Bear Rainforest.

"I hear Pamela (Anderson) wants to visit," he said, about the B.C.-born star, who has also been critical of the cull.

5 METHODS FOR STAYING CALM THIS FALL

You're back from summer vacation, school's in full swing and in no time, you'll be preparing for Thanksgiving, Halloween and Christmas. Here's how to stay calm juggling work, errands and looking after kids.

TEXT: AFP PHOTOS: ISTOCK

1 Smile anyway

Believe it or not, flashing a smile could keep you calm and cool, even if nobody's around to see it. Consider it a smile just for you. On the flip side, try smiling in a social or professional situation even if you have to fake it. Not only can it reduce your stress, but it could put those around you at ease, thereby making a potentially complicated situation easier to handle.

2 Breathe

Start by engaging diaphragm breathing. Place a hand over your mid to lower abdomen and breathe deeply until you feel it rise and fall. This deep breathing allows more oxygen into your lungs and subsequently your blood, leading to calm.

3 Take a real coffee break

It's tempting to reach for a cup of java when you're facing what seems like a mountain of work, but the stimulant's effect could cause you to feel even more overwhelmed. Switch it out for hot water with lemon juice, which is thought to have a detoxifying effect on the body.

4 Sit up straight

Good posture is essential for a healthy body, helping you avoid injury. It also encourages proper breathing, so it can help eliminate headaches provoked by insufficient oxygen intake. Sitting up straight for extended periods might be difficult if you're not used to it, but it has the added benefit of working your core.

5 Stretch it out

Yoga is well known to decrease stress and the practice now has a class themed just around every possible objective. For example, if you like fashion and style, try Voga. You'll find yoga classes geared towards improving performance in sports from surfing to skiing to occupy your time in the off-season.

LIFESTYLE

Millennials more prone to weight gain

Twenty-five-year-olds now may need to exercise more and eat less than they would have a generation ago in order to maintain the same weight, suggests a new study.

Funded by the Canadian Institutes of Health Research, the study analyzed data from nearly 36,400 American adults from 1971 to 2008 as well as the physical activity frequency data of 14,419 adults from 1988 to 2006.

"We observe that for a given amount of self-reported food intake, people will be about 10 per cent heavier in 2008 than in 1971, and about five per cent heavier for a given amount of physical activity level in 1988 than 2006," said Ruth Brown, lead researcher and a graduate student at York University in Toronto.

"This is because weight management is actually much more complex than just energy in versus energy out," said Prof. Jennifer Kuk in the School of Kinesiology and Health Science, noting that factors such as medication use, environmental pollutants, genetics, timing of food intake, stress, gut bacteria and nighttime light exposure come together to make weight management more of a challenge.

AFP

A new study finds that millennials are about five per cent heavier than people a generation ago, even when they do the same amount of physical activity. ISTOCK

HEALTH BRIEFS

Antibacterial soap not as effective as once thought

If you cling to the idea that antibacterial soap is superior to plain soap, think again. A new study found no significant difference in bacteria-busting ability. Researchers zeroed in on antibacterial soap containing an ingredient called triclosan, a popular antiseptic. What they found was that it wasn't any more effective than regular soap when it came to killing germs. It should be noted that when the bacteria was exposed to triclosan for a nine-hour period, it was significantly more effective.

AFP

Munchies to blame for marijuana-diabetes link?

Experts say that current and former marijuana users appear to be more likely to develop prediabetes. Researchers found that when compared to those who'd never used marijuana, people who'd used high levels during their early adult years were 40 per cent more likely to develop prediabetes at middle age. The condition, which is characterized by inadequate blood sugar control, can lead to Type 2 diabetes if left unchecked. AFP

CALGARY PHILHARMONIC ORCHESTRA

60 YEARS

MORE STAYIN' ALIVE: A TRIBUTE TO THE BEE GEES

FRIDAY, SEPTEMBER 25 – 8PM
JACK SINGER CONCERT HALL

FULL MOON FEVER: A TRIBUTE TO TOM PETTY & THE HEARTBREAKERS

SATURDAY, SEPTEMBER 26 – 8PM
JACK SINGER CONCERT HALL

SYMPHONIC ROCK WEEKEND!

nexen · Calgary Herald · RedPoint Media Group Inc. · Fairmont Palliser · 103.5 · Q107

Calgary Philharmonic Orchestra
THE MUSIC IS EVERYWHERE

CALGARYPHIL.COM | 403.571.0849

A cold or flu: Which one to blame?

SICK DAYS

Both viruses can make you feel pretty lousy

Jacqueline Kovacs
For Metro

Your body temperature is the surest way of identifying if you have a cold or the flu. If you develop a fever, you are probably facing a bout of influenza. SHUTTERSTOCK

You wake up with a scratchy throat, nose a touch stuffy.

Those uncomfortable symptoms subside as you go about your morning and head to work. But by day's end, that not-so-good feeling returns: You're tired, a bit achy. What's going on? Is it the common cold or the flu?

It could be either at this stage, experts say, but if you quickly develop a fever, you are probably facing a bout of influenza.

"If you take a textbook approach you're generally not looking at fever when it comes to colds," said Dr. Matthew P. Muller, medical director of infection prevention and control at Toronto's St. Michael's Hospital. "You can get a stuffy nose and watery eyes, but less general pain and not usually fever."

But to know for sure, Muller added, you would have to get your doctor to run a test.

Dr. Allison McGeer, director of infection control at Toronto's Mount Sinai Hospital, agrees.

"With the flu you can get quite mild symptoms and not realize you have the virus. Plus, other viruses cause similar symptoms, so it's hard to tell."

If, however, your symptoms are anything but mild and "you feel like you've been hit by a truck you're probably looking at the flu," McGeer said.

What are other ways to distinguish a cold from the flu? The location of your symptoms.

"A cold tends to be strictly an upper respiratory infection," Muller said. "The flu starts there, but in some severe cases, can spread to the lower respiratory tract and cause pneumonia."

Whichever ailment is vexing you, the treatment tends to be similar: Stay home, stay hydrated and get plenty of rest. And the sooner you do, Muller said, the better.

"During the early phases of these viruses, you are more infectious. If you go to work, you are more likely to spread the virus to your colleagues."

Plus, you will tend to get sicker and likely take longer to recuperate.

"Most people tend to get sick at some point in the winter," Muller said.

It's when and how you handle it that makes all the difference.

Why does my body hate me?

Stuffy nose, achy throat, nagging cough, maybe a fever — you know you are dealing with one of winter's nasty companions, the common cold or the flu.

But just why does your body combat these bugs with sneezing, a seemingly non-stop flow of mucus from your nose or the achy weakness that comes with fever?

RUNNY NOSE

A healthy nose always produces mucus, but just enough to keep your airways working properly and free of airborne debris. When your immune system detects an invading virus, it amps up mucus production and increases the number of germ-fighting antibodies in your system. So that icky flow from your nose is helping your body rid itself of the virus.

FEVER

Some researchers believe that our immune system raises our body temperature to kill invading bacteria.

The reason being that some viruses and bacteria thrive at our normal body temperature — 98.6 F — but don't survive if the heat is turned up.

"There may be some evolutionary value to a fever because some bacteria don't survive the raised temperature, but there's nothing conclusive," said Dr. Matthew P. Muller, medical director of infection prevention and control at Toronto's St. Michael's Hospital. "It is simply an immune response."

COUGH

It may be annoying, but that cough is designed to help you. A regular cough helps you get rid of things such as food particles that don't belong in your windpipe.

A "wet" or productive cough associated with a cold or flu virus helps you get germy mucus out of your lungs. And that nagging dry cough? That's generally because the previous coughing irritated your lungs, which, in turn, leads to more coughing — a vicious cycle that can linger for weeks or even months.

SORE THROAT

Officially known as pharyngitis, soreness in the throat is the result of inflammation — your immune system's protective response against infection. Inflammation involves immune cells, clotting proteins and signalling molecules. The result is soreness or scratchiness in the throat.

In the end, the combined effect of these immune-response symptoms should prompt the cold- and flu-weary to drink plenty of liquids, stay home and get lots of sleep — the cure most medical professionals recommend.

JACQUELINE KOVACS/FOR METRO

All those nasty symptoms from the common cold or flu? That's just your body fighting back. SHUTTERSTOCK

COMMON AILMENT

What about the stomach flu?

You are feeling tired and weak, but instead of being able to lie in bed, you keep running to the bathroom. It must be the dreaded stomach flu.

The common ailment — gastroenteritis — isn't really influenza, which infects only the respiratory system. Infecting the intestines, gastroenteritis appears one to three days after you have been infected and can last as little as 24 hours or as long as 10 days. If you have been vomiting more than two days, can't keep any fluids down or develop a fever, see your doctor.

JACQUELINE KOVACS/FOR METRO

Advil and heads up
Advil prepares you for cold season with fast and effective relief of symptoms from coughs to congestion.
Advil and go
™

TAKE AN ADDITIONAL

$3 OFF ON SELECT ADVIL COLD PRODUCTS

ON SALE NOW AT MOST OF YOUR FAVOURITE RETAILERS

BE SURE THIS PRODUCT IS RIGHT FOR YOU. READ AND FOLLOW THE LABEL.

TO THE DEALER: You will be reimbursed on the face amount of the coupon plus normal handling charge provided you, as our agent, receive it from a customer on the purchase of any Advil Cold product, excluding Advil Cold & Sinus 10's size. Other applications constitute fraud. Failure to produce on request, invoices proving purchases of sufficient stock to cover coupons presented will, at our option, void coupons. Application for redemption accepted from principals only. All coupons submitted for redemption become the property of Pfizer Consumer Healthcare, a division of Pfizer Canada Inc., P.O. Box 3000, Saint John, N.B. E2L 4L3. TO THE CUSTOMER: Where applicable, consumer must pay tax. Offer good only in Canada, excluding Quebec. Limit one coupon per purchase per customer. Not to be used in conjunction with any other offer. Void where prohibited by law. Expiry date: November 30, 2015

12927278

January cohort added

Haskayne executive MBA program

The Alberta Haskayne executive MBA class on international study tour in Shanghai, China. CONTRIBUTED

Due to an unprecedented level of demand, the Haskayne School of Business is taking applications for a January 2016 cohort of the Alberta Haskayne executive MBA program.

As one of the world's top-100 executive MBA programs, according to the Financial Times, the Alberta Haskayne executive MBA features executive speaker series, executive coaching and an international study tour.

The program, jointly offered by the University of Alberta and University of Calgary, is designed for experienced professionals to develop their leadership skills and has a strong focus on innovation, critical thinking and the entrepreneurial perspective. A new finance concentration is available within the EMBA program, in addition to general management.

"Haskayne faculty members are experts in leadership and entrepreneurship," says Vern Jones, Haskayne's associate dean academic. "The second cohort means that up to 40 more executives will get to tap into this exceptional knowledge base."

It is the first time in the program's 20-year history that a second cohort will be available in the same academic year.

"Over 20 years, demand for our executive MBA has continued to grow steadily," Jones says. "What's really exciting is that now a second group of executives will get the opportunity to invest in their education and build their own personal competitive advantage."

Students in the program are experienced professionals with a diverse mix of educational and professional backgrounds. The program requires extensive group work and provides the opportunity to form deep and lasting relationships across the cohort.

Participants are encouraged to draw on and share from their professional experiences and immediately apply what is learned in the classroom to drive tangible results within the workplace.

For more information, or to apply, please visit haskayne-emba.ca.

HASKAYNE
Executive
MBA
Strengthen your competitive advantage.
Develop the leadership skills to succeed in a climate of increasing complexity with the Alberta Haskayne Executive MBA.
Apply today: haskayne-emba.ca
Ranked among the TOP 100 EXECUTIVE MBA PROGRAMS WORLDWIDE by the Financial Times.
UNIVERSITY OF CALGARY
HASKAYNE SCHOOL OF BUSINESS

CUSTOMIZING LEARNING EXPERIENCES

THOMPSON RIVERS UNIVERSITY'S MBA PROGRAM

At Thompson Rivers University's (TRU) master of business administration (MBA) program, customizing learning experiences for students takes top billing. That means students can choose to study on-campus full or part time, online or through a blended combination. It is, however, the online format that gives students the most flexibility, says the director of the offering.

"The online option allows students to achieve their goals without putting the rest of their lives on hold," Victoria Martin says of the option, which is entering its third year.

"Courses are structured in a way that doesn't require students to be online at any particular time and allows them to complete their work from anywhere that has an Internet connection."

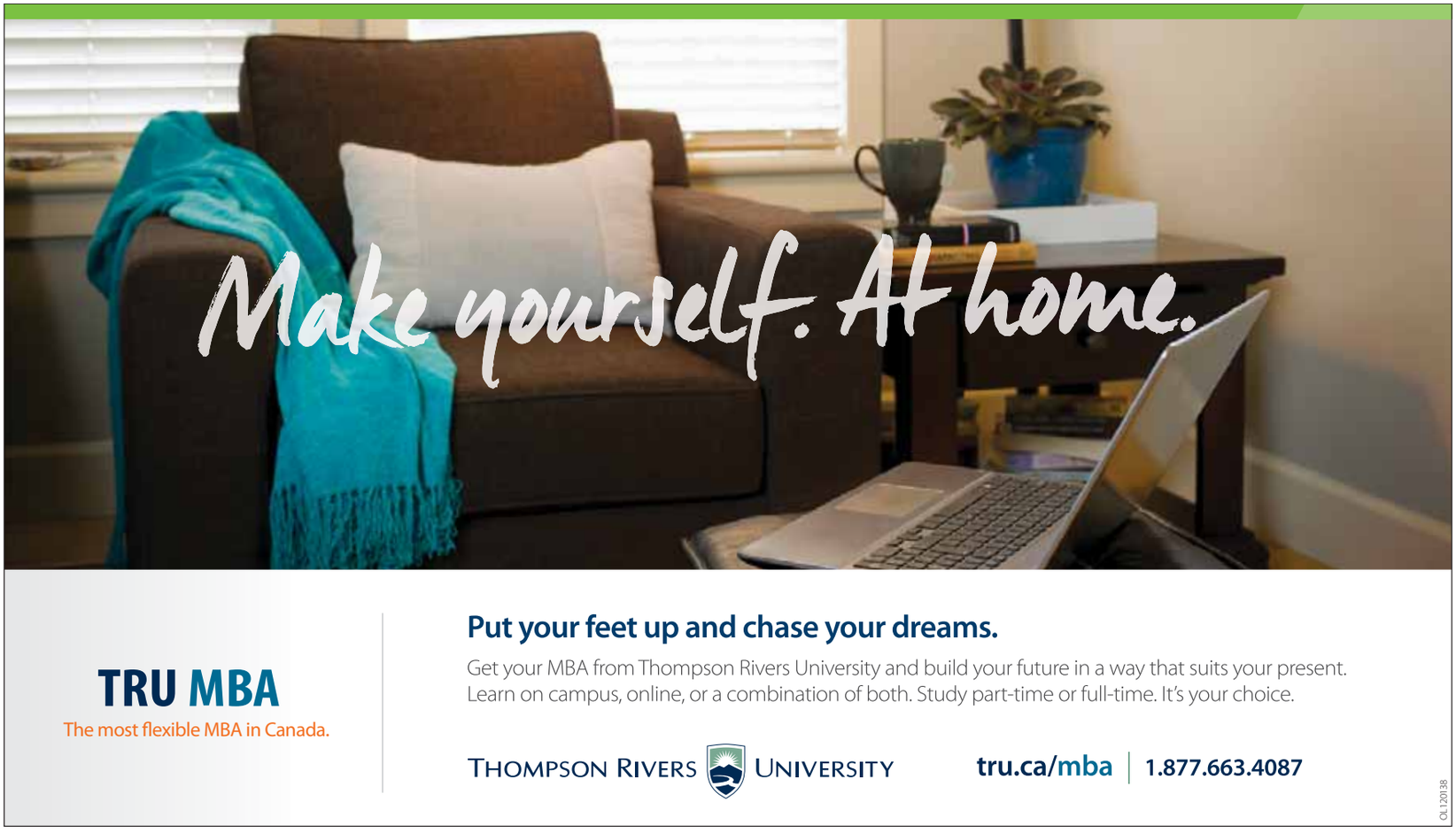
CONTRIBUTED

The online version of the program, Martin says, will appeal to anyone who wants to pursue an MBA but isn't able to commit to coming to campus. And just because these students don't physically attend class does not mean they get a different education than those who do.

"A lot of students who choose the online offering appreciate that it is same curriculum, same academic rigour and results in the same degree as on-campus," Martin says. "While online courses can't fully replicate an in-class experience, we make it as interactive as possible. Students are required to work in virtual teams with other MBA students to complete assignments, partake in group discussions, and we even live stream events that happen on campus for them."

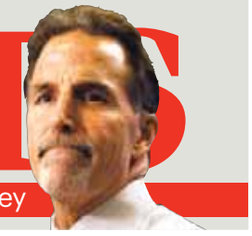
In keeping with the on-campus structure as much as possible, online MBA courses follow a campus-based semester with fixed start and end dates, as well as fixed assignment due dates. Students can work ahead in their studies, but their exams are held at the end of the semester. And while other schools require online students to venture on campus to write final exams, TRU makes the process a lot more convenient.

"While students do have to write their exams in person, we actually schedule exams for them at a testing centre near them," Martin says. "So the program can truly be completed completely by distance and there's no need to attend on campus."


Make yourself. At home.
TRU MBA
The most flexible MBA in Canada.
Put your feet up and chase your dreams.
Get your MBA from Thompson Rivers University and build your future in a way that suits your present.
Learn on campus, online, or a combination of both. Study part-time or full-time. It's your choice.
THOMPSON RIVERS UNIVERSITY
tru.ca/mba | 1.877.663.4087
QL120138

metro SPORTS

John Tortorella will reportedly return to the bench as Team USA's coach at the 2016 World Cup of Hockey



Jays cash in vs. Yankees

MLB

Toronto ace living up to billing in AL East tug of war

Blue Jays ace David Price worked seven shutout innings and Josh Donaldson scored twice as Toronto defeated the New York Yankees 4-2 on Monday night in the opener of a pivotal three-game series at Rogers Centre.

The victory gave the Blue Jays some much-needed breathing room in the AL East division standings. Toronto (86-64) moved 3-1/2 games ahead of the second-place Yankees and also gained ground on the idle Kansas City Royals, who lead the Blue Jays by 1-1/2 games in the race for the American League's top seed.

The Yankees made it interesting in the eighth inning by scoring a run and bringing the tying run to the plate, but reliever Brett Cecil kept the damage to a minimum. Roberto Osuna gave up a solo homer to Greg Bird in the ninth before picking up his 17th save to the delight of the sellout crowd of 47,648.

Toronto staked Price to an early three-run lead as New York starter Adam Warren (6-7) struggled through a 35-pitch first inning. Ben Revere singled, Donaldson was grazed by a pitch and Jose Bautista found a hole up the middle to bring Revere home with the game's first run.

A wild pitch moved Donaldson and Bautista into scoring position and an Edwin Encarnacion grounder was enough to score Donaldson. Bautista came across after Justin Smoak lashed a double over the head of Yankees right-fielder Carlos Beltran.

The Yankees (82-67) loaded the bases with one out in the third inning. Dustin Ackley reached on a Cliff Pennington throwing error, Jacoby Ellsbury singled and Brett Gardner walked.

Slugger Alex Rodriguez worked a full count on Price before striking out as the crowd roared its approval. Price then got Brian McCann to fly out to strand the runners.

Warren was pulled with one out in the fourth inning and replaced by James Pazos. Warren allowed five hits, three earned runs and a walk while striking out five.

Price, meanwhile, was in full control after being tested in the third inning. He retired the next 14 straight batters until he was replaced by Aaron Sanchez to start the eighth inning.

The Toronto starter was helped by some solid defence. Smoak dived to snag a Gardner chopper by the first-base line before getting up and beating him to the bag for the first out of the sixth inning.

THE CANADIAN PRESS

Alex Rodriguez returns to the visitors' dugout after striking out in the sixth inning Monday night in Toronto. A-Rod fanned three times and had one hit in the Yankees' loss. TODD KOROL/TORSTAR NEWS SERVICE

MONDAY In Toronto

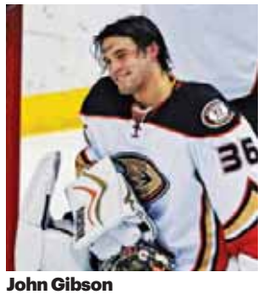
4	2
BLUE JAYS	YANKEES

NHL

Gibson nets $6.9M contract extension

Goalie John Gibson has agreed to a three-year, $6.9-million contract extension with the Anaheim Ducks. The Ducks announced the deal Monday.

The 22-year-old Gibson is considered one of the top young goalies in hockey, and he has won 16 NHL games over the past two seasons with the Ducks. He is competing with starter Frederik Andersen and newcomer Anton Khudobin for two roster spots in training camp. THE ASSOCIATED PRESS



John Gibson
JIM MONE/THE ASSOCIATED PRESS

IN BRIEF

Kings step up off-ice conduct training

The Los Angeles Kings have announced an extensive program of off-ice training for their players after three embarrassing arrests in the past year. The franchise is partnering with community organizations to address domestic violence, drug and alcohol abuse and sexual harassment.

The Kings have cut ties with Slava Voynov, Jarret Stoll and Mike Richards since their arrests.

THE ASSOCIATED PRESS

NFL

Romo likely to miss two months

Dallas Cowboys quarterback Tony Romo is expected to miss about two months with a broken left collarbone, though he won't need surgery.

The loss of Romo in Sunday's 20-10 victory at Philadelphia means the defending NFC East champion Cowboys (2-0) will be without their starting quarterback and All-Pro receiver Dez Bryant possibly through October.

Coach Jason Garrett said Monday that tests revealed no ligament damage for Romo after the second broken collarbone of his career. The other was in 2010, and he missed the final 10 games of the season.

THE ASSOCIATED PRESS

PLAN B

Brandon Weeden replaced Romo against the Eagles and threw a clinching 42-yard touchdown pass in the fourth quarter.

CFL

Stamps deal for returner Dawson

The Calgary Stampeders acquired receiver Skye Dawson from the Edmonton Eskimos on Monday for a conditional exchange of 2017 draft picks.

The Stampeders want Dawson for his return skills. They've been using rookie Nathan Slaughter in that capacity their last two games.

Veteran returner Tim Brown is on the six-game injured list after hurting his knee Sept. 6 versus the Eskimos.

Dawson, 24, accumulated 342 kickoff and punt-return yards in three games for the Eskimos this season.

The Texas Christian University product appeared in seven games for the NFL's Tampa Bay Buccaneers in 2013.

Dawson had 91 catches for 1,125 yards and six TDs during his college career. He also recorded 644 kickoff return yards and 224 yards returning punts.

Calgary also added international offensive lineman Derek Dennis to its practice roster. He signed with the Miami Dolphins in 2012 after four seasons at Temple.

THE CANADIAN PRESS

Ticats QB's 9 lives over for 2015

Zach Collaros's brilliant 2015 season is over.

The Hamilton Tiger-Cats confirmed Monday their star quarterback will miss the remainder of the campaign with a torn ACL in his right knee. Collaros suffered the injury in the second quarter of a 25-18 home loss to the Edmonton Eskimos on Saturday afternoon.

The 27-year-old leads the CFL in passing yards (3,376), touchdowns (25) and passer rating (113.7).

Collaros left Saturday's game after completing seven of 10 passes for 90 yards and a TD.

THE CANADIAN PRESS

RECIPE 4-ingredient Zucchini Soup

The soup is great as is, but it's also a wonderful slate for dressing up with a variety of toppings. It allows everyone in the family to customize the soup as they see fit. Mini toasts, browned turkey or chicken sausage, sautéed winter or delicata squash, a spoonful of plain Greek yogurt blended with chopped fresh herbs, or bread.

Ready in 20 minutes
Serves 4

Ingredients
- 3 medium-large zucchini (about 1 1/2 lbs)
- Kosher salt and ground black pepper
- 2 cups low-sodium chicken or vegetable broth, warmed to hot
- 2 Tbsp chopped fresh chives
- 1 Tbsp lemon juice

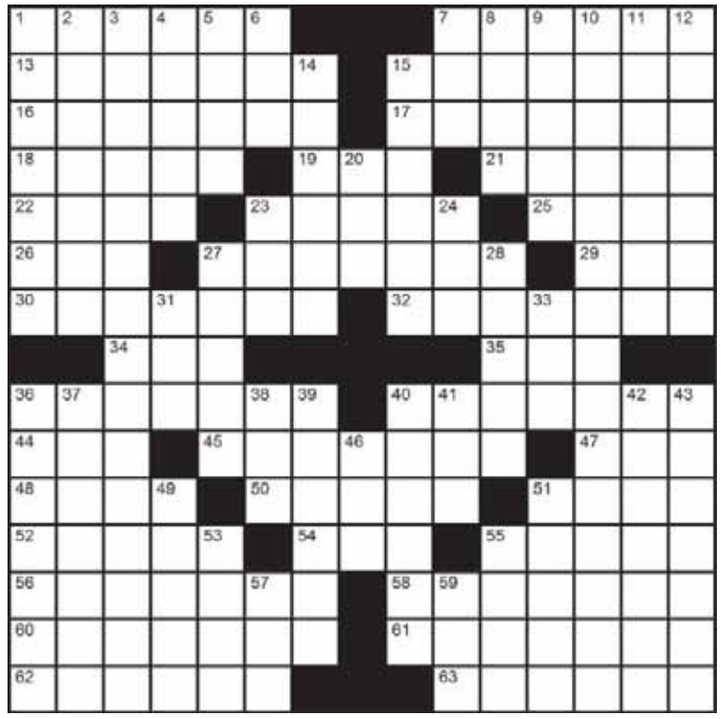
Directions
1. Heat the oven to 400 F. Line a baking sheet with kitchen parchment.
2. Cut the zucchini in half lengthwise, then slice off the nubby ends. Place the zucchini on the prepared baking sheet, then mist with cooking spray. Season with salt and pepper, then roast until tender, about 15 minutes, turning halfway through.
3. In a blender, combine the roasted zucchini, hot broth, chives and lemon juice. Blend until creamy and smooth. Serve immediately.

Nutrition per serving
- Calories 35
- Protein 3 g
- Sugar 3 g
- Carbohydrates 5 g
- Fibre 1 g
- Total fat 0.5 g
- Saturated fat 0 g
- Cholesterol 0 mg
- Sodium 170 mg

THE ASSOCIATED PRESS

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Bands of eight
7. Singing span
13. Ice cream establishment
15. Mountain peak topping
16. Black-tailed _ Dog (Rodent in southern Saskatchewan)
17. Sicily's capital
18. Willow¹tree's flexible twig
19. Sigma's follower
21. Test the outfit for sizing: 2 wds.
22. Mr. Mineo's
23. Gloria Swanson role, _ Desmond
25. Gambit
26. 'Client' completer
27. Big Apple denizens, with New
29. Philosophy
30. Ophidian
32. Does some editing with film
34. 1980s starlet Ms. Zadora
35. Haunter's cry!
36. Big wreck
40. English actress Ms. Miller's
44. _ favor (Please, in Spanish)
45. Types of small pianos
47. Dishwasher item
48. Cross of ancient Egypt
50. Keeps an eye on the weight lifter
51. Ill-considered
52. Man-made mechanical man
54. Quid _ quo
55. Al _ (Pasta-cooking consistency)
56. Peter of "Bosom Buddies" and "Newhart"
58. Everlastingly
60. _ Fields (Heavenly abode in Greek mythology)
61. Hooplah
62. "_ _ My Life" by Bruno Mars
63. Flips the coin

DOWN
1. Resists
2. Dealership event: 2 wds.
3. Canuck TV show for Julian, Ricky and Bubbles: 3 wds.
4. Fashion designer Mr. Saab, and namesakes
5. Unit of pressure
6. Fashion designer Anna
7. "Snakes _ _ Plane" (2006)
8. Indianapolis football player
9. Doofus
10. Medium for Big A, a 1968 abstract painting by Canadian artist Jack Bush (b.1909 - d.1977): 3 wds.
11. Skedaddle
12. Words created from people's names, such as Walt Disney to Disneyland or Arnold Palmer and the same-named drink or Thursday derived from the Norse god Thor
14. Snappy comeback
15. Sea foams
20. "Raiders of the Lost _" (1981)
23. Tadoussac turndown
24. Dadaist Jean
27. Casual affirmatives
28. Blackthorn fruits
31. Detectives, commonly
33. 'Restrict' suffix
36. Less dense
37. Eye piece for Mr. Peanut
38. Raises
39. 1970s Broadway musical with the song "Magic to Do"
40. Explode or depart: 2 wds.
41. 'I' in FWIW
42. Stark
43. Globes
46. Neither here there ...what's missing?
49. "The Planets" composer Gustav
51. Snorkelling locales
53. "Dynamite" singer Mr. Cruz
55. 007 foe in '62: 2 wds.
57. UK military service
59. Quaker cereal, _ Bran

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Keep certain situations, and certain people, at arm's length while you sort yourself out. A colleague will come up with a well-meaning suggestion but don't accept — the less you do on the work front today the better.

Taurus April 21 - May 21
You may find it difficult to put into words what is in your head but that's okay. Your body language will tell others what they need to hear, not least of which is that you have no time for slackers.

Gemini May 22 - June 21
There is a danger today that you will overreact to criticism and retreat into your shell. You don't have to be so precious. Toughen up.

Cancer June 22 - July 23
Try not to focus on other people's faults and failings. Be positive, even when dealing with negative people.

Leo July 24 - Aug. 23
You may be tempted to give up on something that is taking up a large slice of your time and your energy. Don't! In a matter of days it will come easier to you, and the hard work you put in earlier will pay off in a big way.

Virgo Aug. 24 - Sept. 23
If you have overextended yourself in some way you will now have to cut back and learn to live within your means. Your cash flow situation is unlikely to improve until you sell off some of those luxury items you own but rarely use.

Libra Sept. 24 - Oct. 23
No matter how persuasive you may be with others you can no longer fool yourself that things can stay as they are. Both at work and in your private life there will have to be changes.

Scorpio Oct. 24 - Nov. 22
Positive thoughts bring positive results, but the opposite is true as well: if you start thinking you do not deserve all the good things that are coming your way you will find they stop coming very quickly.

Sagittarius Nov. 23 - Dec. 21
You seem anxious, especially on the home front where bickering among loved ones is getting you down. The Sun's change of signs tomorrow will usher in a more positive phase.

Capricorn Dec. 22 - Jan. 20
Cosmic activity in and around the career area of your chart over the next few days will bring out your ambitious side. Don't focus on your rivals — it's what you do that matters.

Aquarius Jan. 21 - Feb. 19
The harder you try to change things the more stubbornly they stay the same. Take the hint and leave enough well alone.

Pisces Feb. 20 - March 20
A task you took on earlier in the month is making no progress and you are on the verge of admitting defeat. However, the planets indicate if you stick it out the tide will turn in your favour in a matter of days. Don't give up on it yet.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		6	3		8	7		
7	3			1			8	2
2								3
	8			5			6	
4								7
6	1			2			9	5
		8	4		9	3		

©2015 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

GET AHEAD OF THE CROWD
YOUR CAREER TRAINING STARTS NOW!
BUSINESS, HEALTHCARE, IT, LEGAL, HOSPITALITY AND MORE!
CALGARY NORTHEAST (403) 569-8973
CALGARY SOUTH (403) 252-8973
Academy OF LEARNING CAREER COLLEGE
www.academyoflearning.ab.ca

VIVACE

AT WEST 85TH

viva-ché

Register online and receive $1000* off!

Live life vividly in a VIVACE at WEST 85th luxury condo or townhome. Located in the heart of Calgary's sought-after west end, Vivace offers the perfect fusion of amenities, premium design features, contemporary building design and an unmatched lifestyle opportunity.

From 1 and 2 bedroom apartment style condos, to 2 level luxury condos and 3 bedroom townhomes, VIVACE at WEST 85th offers a wide variety of floor plans designed to fit your needs.

PREMIUM FEATURES:

- 9' nominal ceilings throughout
- Quartz or granite countertops
- Stainless steel appliances
- Integrated dining area
- Luxury vinyl plank flooring system
- Designer lighting package
- In-floor heating throughout
- In-suite washer/dryer

DISCOVER ALL WEST 85TH IN WEST SPRINGS HAS TO OFFER:

- A wide variety of fine dining experiences
- Wine room
- Specialty coffee house
- Ice cream shop
- Gourmet oil & vinegar
- Health & dental services
- Beauty and nail salons
- Banking facilities

...and so much more!

livevivace.ca

Mon - Thurs: 2pm - 8pm
Sat - Sun & Holidays: 12pm - 5pm

STREETSIDE DEVELOPMENTS A QUALICO Company

Brimor DEVELOPMENTS 25 YEARS

PRESENTATION CENTRE | WEST 85th in West Springs | #2118, 8561 - 8A Avenue SW | 403-**474-4875**